

Annual Update

Nanaimo & District Hospital Foundation

2026



NANAIMO &
DISTRICT
HOSPITAL
FOUNDATION

It's in our
Nature
to Give





Dear Donors and Friends of the Foundation,

Over the past three years, the Nanaimo & District Hospital Foundation has undergone remarkable growth and transformation. As we reflect on the final year of our strategic plan, we are filled with gratitude, optimism, and a renewed sense of purpose for the future of healthcare on Central Vancouver Island.

When we launched our strategic plan in 2023, we set an ambitious goal: to double the funds raised by the Foundation so we could become a stronger philanthropic partner for Island Health and our communities, particularly as we prepare for the opportunity to help build a new patient tower to serve our growing region.

Thanks to the extraordinary generosity of our donors, partners, volunteers, and community, we did far more than we imagined possible. Rather than doubling our fundraising, we more than quadrupled it! And now that Island Health has approval to develop the concept plans for the patient tower our future is coming into focus.

While this growth is certainly significant, what matters most to us is what it represents. We believe our donors have continued to invest because they are seeing their gifts create real impact. Together, we are improving patient care, supporting innovation, shortening wait times, advancing physician recruitment, and helping solve urgent healthcare challenges across the region.

At the same time, community partners increasingly see the Foundation as a trusted partner, an organization that not only raises funds but also brings people together to co-create meaningful solutions that improve healthcare outcomes. We have also deepened our partnerships with Island Health at every level, building stronger alignment around the future needs of patients and families throughout Central and North Vancouver Island.

This past year was incredibly busy, but it was also a time of thoughtful reflection for our Board and staff as we developed our next strategic plan. As we look ahead, we are committed to continuing the approaches that have fueled our growth over the past three years, while also leaning further into innovation, collaboration, and initiatives that can drive transformational healthcare outcomes for our region.

One of the greatest privileges of our respective roles as Board Chair and CEO is the opportunity to work together in service of something larger than ourselves. We both find tremendous meaning and purpose through our involvement with the Foundation, and we sincerely hope our donors, partners, volunteers, and supporters feel that same sense of purpose through their engagement with us. We also hope they have as much fun doing it as we do!

Thank you for believing in what is possible when a community comes together to improve healthcare.

With gratitude and hope,



Tony Harris

Chair of the Board



Barney Ellis-Perry

Chief Executive Officer

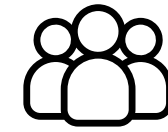


Dr. Megan Towers
Hospitalist - NRGH

NRGH is the tertiary hospital for all Central and North Vancouver Island. This is where the helicopters land. There are other community hospitals, including Cowichan, Comox, Campbell River, and Port Hardy, but NRGH is the only tertiary hospital.

THE COMMUNITIES WE SERVE NORTH OF THE MALAHAT

HEALTHCARE AT A GLANCE



490,000 PEOPLE SERVED BY ISLAND HEALTH NORTH OF THE MALAHAT



147,000 INPATIENT DAYS AT NRGH



13,000+ DONATIONS TOWARD HEALTHCARE Since 2023



364 HOSPITAL BEDS AVAILABLE



114% OCCUPANCY RATE AT NRGH



13,117 SURGERIES PERFORMED



388 CRITICAL CARE PATIENTS



1,262 TOTAL BIRTHS AT NRGH



65,640 EMERGENCY ROOM VISITS



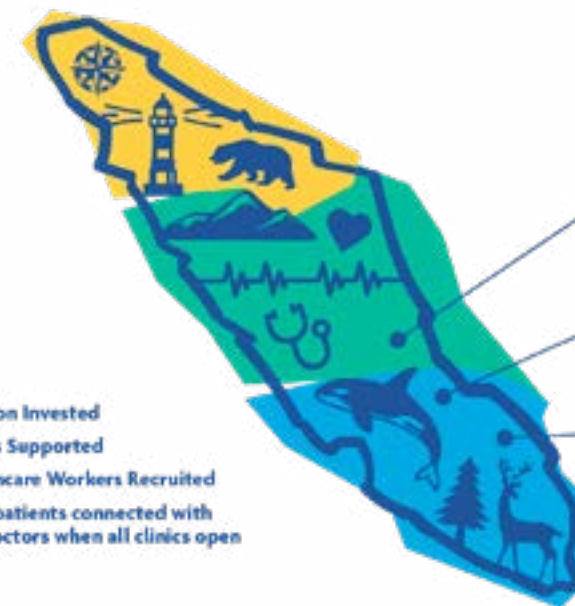
13,148 CANCER CLINIC VISITS



12,000 MENTAL HEALTH INPATIENT DAYS

The Nanaimo & District Hospital Foundation office is located within Nanaimo Regional General Hospital.

80% of Vancouver Island's First Nations are in the Nanaimo Regional General Hospital catchment area.



51.7 Million Invested
23 Clinics Supported
34 Healthcare Workers Recruited
30,000+ patients connected with family doctors when all clinics open

Your Healthcare Worker Recruitment Impact to Date

- Qualicum Beach**
 - MHA / Plover Primary Care Clinic opening September 2026 to accommodate 6-8 family physicians
 - \$835,000 raised towards a goal of \$1.2 million
 - Floerstone Family Health Nurse Practitioner Clinic
 - \$25,000 invested in equipment
- Parksville**
 - Oceanside Health Centre 1st floor Family Practice Expansion opening Summer 2026 to accommodate 6-8 general practitioners
 - \$563,000 raised towards a goal of \$600,000
 - Additional Island Health Family Practice Clinic
 - \$25,000 study funded
- Nanaimo**
 - Nanaimo Division of Family Practice Partnership
 - \$28,000 in recruitment supports, training & bonuses funded
 - 19 clinics supported
 - Sauneymaw Hukil Lekas - Health Centre
 - \$6,000 invested in equipment towards a goal of \$36,000



5 HEALTHCARE FACILITIES SUPPORTED BY NDHF



2 NDHF BUSINESSES SUPPORTED BY VOLUNTEERS

ANNUAL OVERVIEW

4,225
Donors

7,812
Donations

318%

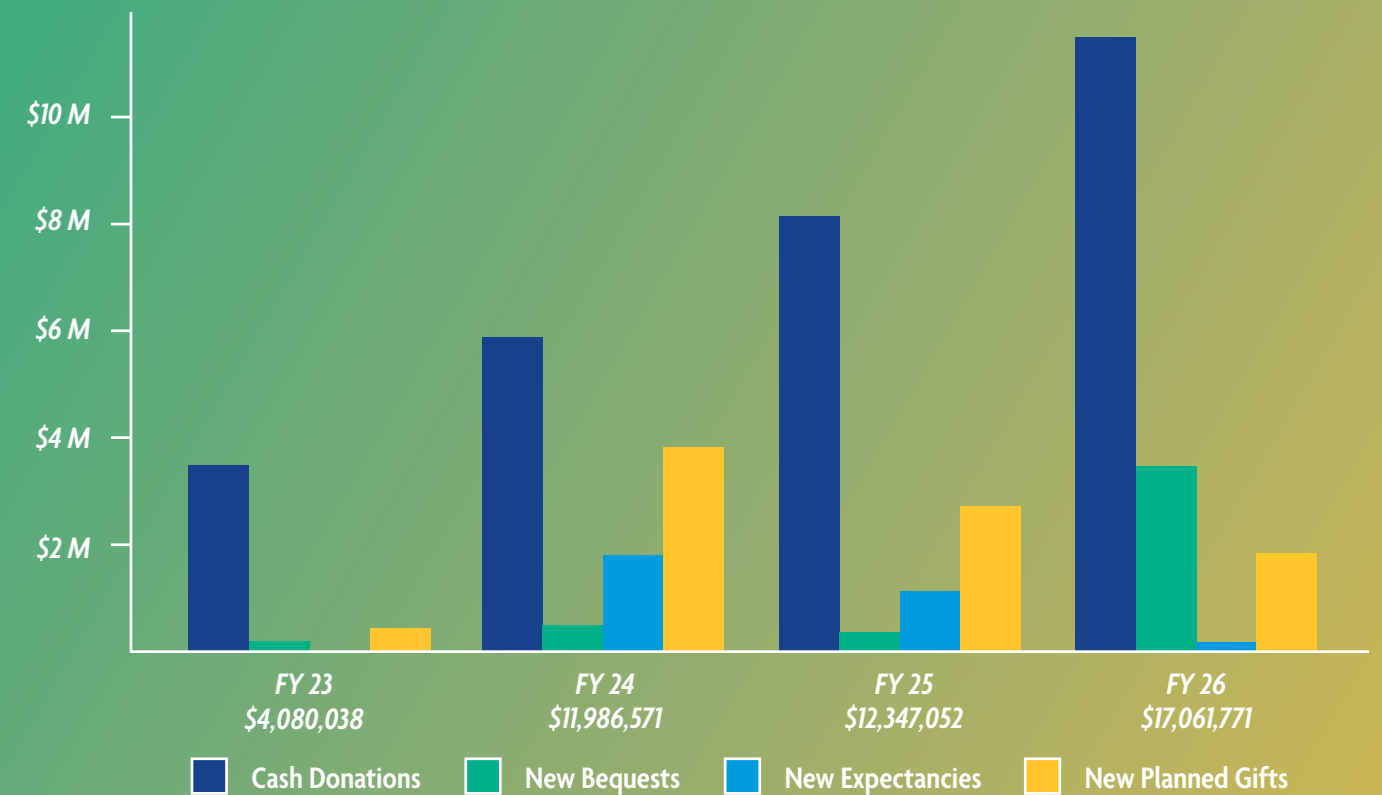
increase in Annual Revenue since 2023

Our goal was to double fundraising. Together, we more than quadrupled it.

That result did not happen by chance. It came from putting strong fundraising disciplines in place: clear strategy, focused work plans, meaningful metrics, and the administrative support needed to keep momentum moving. It also came from a community that said yes

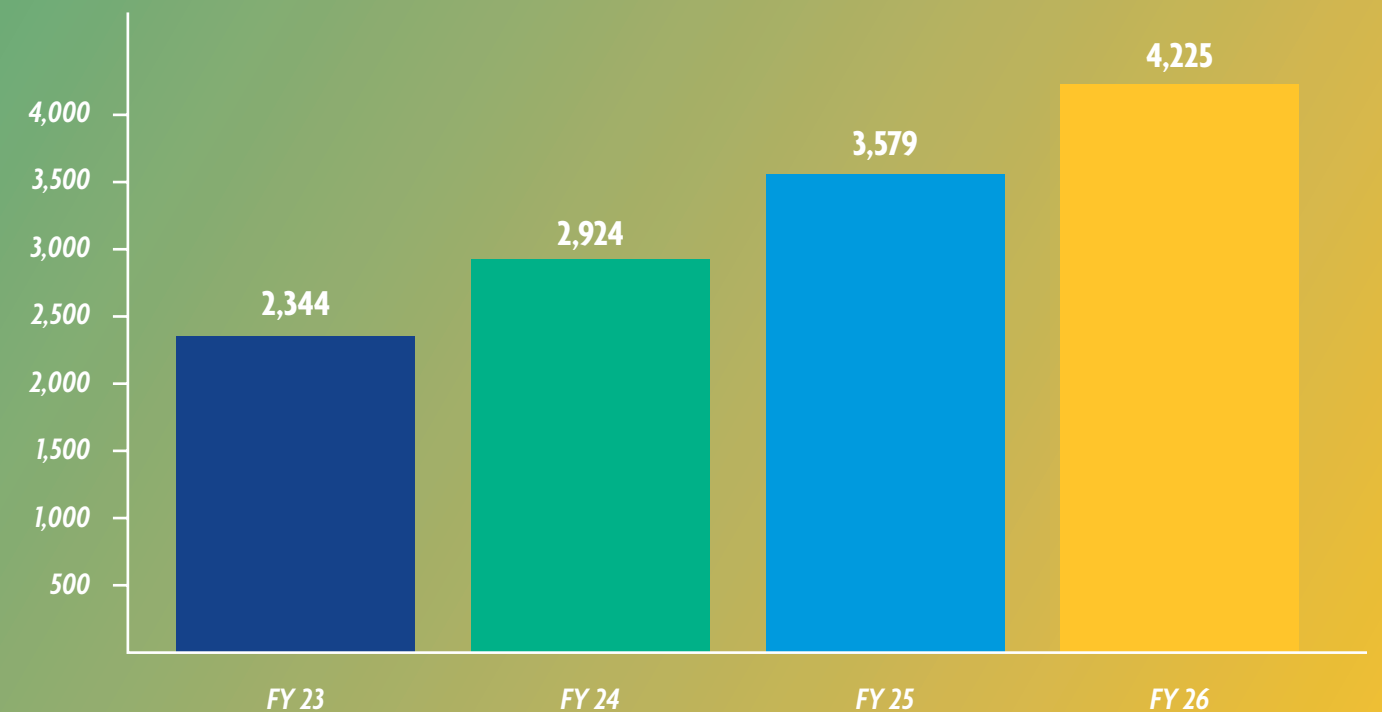
Donors, volunteers, healthcare partners, and community leaders accepted the invitation to be part of something larger than themselves. Through that connection people found meaning and purpose, fundraising grew, partnerships deepened, and awareness of the Foundation expanded across Central and North Vancouver Island.

Amount Raised Each Fiscal Year*



*Bequests, Expectancies, and Planned Gifts are tracked and accounted for as new identified gifts each fiscal year.

Number of Donors Each Fiscal Year



IT'S IN MY... **NATURE**



Wes
Pat Docherty Memorial Tournament, Founding Member



Cynthia
Volunteer & Legacy Giving Donor



Lin
Welly Waveriders Dragon Boat Team, Donors since 2007



Erin & Cameron
Advocates of CuddleCot Fundraiser since 2023

One year ago, at our Annual Update Meeting, we launched It's In My Nature - the largest healthcare fundraising campaign in the history of Central Vancouver Island. More than a fundraising initiative, this \$25 million campaign represents a bold commitment to the future of specialized healthcare in our region.

As our communities continue to grow rapidly, so too does the need for advanced tertiary-level medical care. Together with Island Health and hospital leadership, the Nanaimo & District Hospital Foundation is working to help ensure Central and North Vancouver Island are prepared for the future development of a new multi-billion-dollar tertiary referral centre hospital. But we also recognize that world-class facilities alone are not enough. We must also build the specialized programs, expertise, and clinical capacity that will ultimately fill that future hospital and serve generations to come.

Over the past year, donor support through It's In My Nature has already begun accelerating that work.

With support from the campaign, the Foundation funded medical experts to work alongside hospital leadership in developing the advanced tertiary programs our region will need most in the years ahead. This work has focused primarily on **Cardiac Care, Neurology, and Gastrointestinal (GI) services** - three critical areas where growing demand and population pressures are creating increasing urgency.

Through this planning process, it also became clear that strengthening Internal Medicine must serve as the foundation upon which these future specialized programs are built. As a result, significant effort is now being directed toward **creating the clinical structures, recruitment strategies, and care models necessary to support sustainable long-term growth across all tertiary services.**

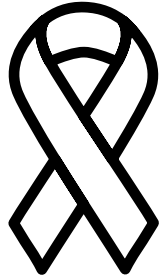
One of the most exciting developments this year has been donor support for the concept planning of the **Nanaimo Tertiary Program Incubator**, which is now under construction. This innovative initiative will help create the environment needed to attract specialists, grow new programs, support clinical collaboration, and accelerate the development of tertiary care capacity within our region.

Donor support has also funded detailed **concept planning work for a future Cardiac Catheterization Lab (Cath Lab)** in Nanaimo - a transformational step forward in cardiac care for Vancouver Island residents. In parallel, campaign funding is supporting efforts in Ottawa to pursue potential federal matching funds that could help make the Cath Lab a reality.

Importantly, donor investments are also allowing the Foundation to increasingly support Island Health's efforts to recruit the specialized physicians and healthcare professionals these future programs will require.

This was only the first year of a three-year campaign, and we are deeply grateful for the generosity, confidence, and partnership our donors and supporters have shown. Together, we are helping ensure our region is prepared for the next generation of healthcare services our communities will need and deserve.

AREAS OF CARE



Cancer Care

\$2,433,577

With the new BC Cancer Centre opening in 2028 on the NRGH campus, our hospital will be called on to provide care for more cancer patients and families than ever before. In the past year, thanks to a \$1 million anonymous gift to cancer care from a local family and the support of countless other generous donors, we will be ready to meet this growing need. From the latest in surgical technology to advanced diagnostic tools to the construction of Carly's House, a home-away-from-home for cancer patients and their families, the Foundation is working hard to ensure that people on Central Vancouver Island can count on our healthcare facilities to deliver the compassionate, high-quality care they deserve.

Advancing Cancer Diagnosis & Treatment

This year, donor support helped expand cancer care capabilities at NRGH with the addition of several advanced surgical, diagnostic, and treatment technologies, including **Holmium/Thulium Laser, Neoprobe, Hysteroscopy Set, Trios radiolucent desk top table, Microdibrider, Erbe Electrosurgical Unit, and three Stryker surgical beds.** These investments enhance our ability to provide high-quality care in Nanaimo, ensuring patients have local access to modern tools that support diagnosis, treatment, and recovery.

Together, this new equipment helps improve surgical precision, enhance patient safety, and support better outcomes. Patient benefits include less invasive procedures, reduced blood loss, improved diagnostic accuracy, shorter recovery times, and greater comfort throughout their care journey. These advancements reflect our ongoing commitment to delivering exceptional cancer care and improving the experience of patients and families in our community.

Carly's House: Comfort Beyond Care

Cancer treatment can be overwhelming for patients and families who must travel away from home to receive care. Inspired by Carly Carey's own cancer journey, Carly's House was created to **provide a welcoming place for cancer patients to stay near healthcare services in Nanaimo** if they are travelling from rural areas for appointments.

More than simply a place to stay, Carly's House helps reduce the emotional and financial stress that often comes with ongoing medical treatment, allowing patients and loved ones to focus on healing together.

In 2025, the Nanaimo & District Hospital Foundation launched a campaign, raising almost **\$60,000** during fiscal 2026 toward required upgrades to transform Carly's House into a welcoming, healing environment that meets the unique needs of individuals facing serious illness.



Recliners

"On behalf of our patients and team, thank you for your support in funding new recliners for our systemic therapy suite.

The new recliners provide better support, allowing patients to rest more easily, which matters deeply when energy is limited and treatment can be difficult.

They also strengthen our ability to maintain high standards of infection prevention and control."

- NRGH Cancer Clinic Team



Neoprobe Machine & Probes



Carly's House



"We are so grateful for our new flat-top radiolucent table. This equipment will greatly enhance the care we provide to our cancer patients, many of whom are at risk of pathological fractures due to the nature of their disease. Having the ability to stabilize these fractures quickly and accurately is essential to maintaining their comfort, mobility, and overall quality of care. Your support truly makes a meaningful difference."

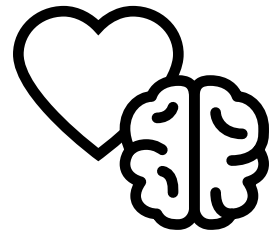
- Dr. Cobus Smith & OR CNL Hailey Bridges

Radiolucent Table



Holmium Laser

AREAS OF CARE



Mental Health

\$136,292

Mental health care touches every part of our community, supporting individuals and families through some of life's most challenging moments. Thanks to donor support, we are helping create more compassionate, accessible spaces and resources that strengthen care across Central Vancouver Island.

Funding for Caregivers Travelling from Rural Areas

Through a grant from Petrocan CareMakers Foundation, caregivers with loved ones at NRGH are receiving support during some of life's most challenging moments.

From April to December 2025, **45 caregivers were supported** through assistance with transportation, accommodations, and essential daily needs including gas, groceries, and meals.

This funding helps ease the financial strain that often comes with extended hospital stays, allowing caregivers to remain present at the bedside. As shared by the Social Work team, this presence brings comfort, strengthens patient care, and ensures individuals are not alone during critical moments.

By removing barriers, this support allows caregivers to focus on what matters most, being there for the people they care for.

Support for Clearview Detox Centre

In partnership with the Rotary Club of Nanaimo, NDHF provided funding to create a more welcoming environment for people beginning their recovery journey at the Clearview Detox Centre. Support included clothing, blankets, and other essentials for individuals completing the detox program, helping them move forward with dignity and encouragement.

The initiative also funded outdoor garden and gathering spaces, providing opportunities for fresh air, connection, and reflection. Together, these enhancements help foster community, hope, and well-being for the hundreds of individuals who access Clearview Detox Centre each year.

Parksville Treatment Centre

Access to addictions treatment and recovery support continues to be one of the most pressing healthcare needs facing communities across Vancouver Island. Through donor support and community partnership, NDHF has raised **\$100,700 towards the \$1.2 million** required for the future Parksville Treatment Centre, a project focused on expanding access to compassionate, recovery-focused care for individuals and families impacted by substance use challenges.



Parksville Treatment Centre

"Anticipation and community interest are growing. We have our initial first positions posted. We are developing programming and engaging with community and other Island Health teams, and I am inspired and feeling so much hope for Mental Health and Substance Use Care on the Island.

The support we have received enhances the program for participants, we are especially thrilled about having a dedicated van, that is wheelchair equipped, to support with outdoor groups, so everyone can spend time in the natural beauty of the region.

This treatment centre is just part of the growing network of Addiction Medicine Substance Use services across Vancouver Island. Working alongside community, and with the Nanaimo & District Hospital Foundation for support, we are excited to be moving closer to our opening, anticipated for Winter 2026."

- Elizabeth Driver
Manager - Parksville Treatment Centre



Self Care Café

Self Care Café

Support has also helped fund the Self Care Café, a welcoming space focused on mental health, connection, and everyday wellbeing.

By creating opportunities for healthcare staff to come together and take time for themselves, the Self Care Café plays an important role in supporting mental wellness within our community.

These types of community-based supports help meet people where they are, offering connection, comfort, and a sense of belonging.

The Social Workers have seen firsthand how impactful this support the support of the PetroCan Caregivers Support Program has been. Caregivers have shared that knowing they could stay close, without the added stress of financial hardship, brought them comfort. The ability to sit at the bedside, participate in care discussions, and offer constant reassurance has made an immeasurable difference for both caregivers and hospitalized patients.

By supporting the caregiver's presence, you are helping ensure that patients are not alone during some of the most vulnerable moments of their lives. This has strengthened the Social Work practice and has brought compassion and dignity into hospital rooms when it is needed most.

Thank you for making such a meaningful difference for caregivers and their loved ones. We are profoundly grateful for your support."

- Haley Rioux
NRGH - Social Worker Admin



Courtney Matthews
Social Worker
& PetroCan Caremakers Advocate

AREAS OF CARE



Community & Family Care

\$2,467,516

Our Community & Family Health area of care encompasses the Foundation's support of families from maternity and pediatrics to seniors' care to our recruitment of family practitioners. Across Central and North Vancouver Island, donor support is funding programs, equipment, and healthcare education that supports wellbeing throughout the healthcare journey.

Helping Families Stay Together

Thanks to a **\$300,000, three-year commitment from BMO**, the Foundation launched the Antenatal Travel Assistance Program, the only program of its kind on Vancouver Island. The program helps pregnant women and their families who must travel to Nanaimo Regional General Hospital for care by providing accommodation reimbursements, gas vouchers, and food vouchers.

For families in rural and remote communities, accessing specialized maternity care often requires extended travel and costly stays away from home, adding stress during pregnancy. By reducing these financial barriers during high-risk pregnancies and long hospital stays, the program helps families stay together, focus on supporting one another, and receive the care they need as they prepare for their baby's arrival.

Additional support came through a **\$42,500 grant from Variety – the Children's Charity**, helping **37 families** travelling to Nanaimo so their children can receive specialized care. The funding assists with accommodations and other essential expenses, allowing families to remain together while their child receives treatment.

Long-Term Support Programs for Parents & Newborns

With more than 1,250 babies born at NRGH each year, donor support is helping replace aging fetal monitors in the Perinatal and Maternity Unit. This year, **\$133,400 was raised**, which combined with funds received the previous year **funds 11 of the 20 needed monitors**. These advanced monitors provide safe, continuous monitoring for mothers and babies, particularly during high-risk pregnancies and multiple births.

As the only hospital north of the Malahat able to deliver babies before 36 weeks' gestation, NRGH provides critical care for premature infants from across Vancouver Island. Thanks to Giving Tuesday donors, six urgently needed **Giraffe Omnibed Legacy incubators** were purchased for the NICU. These advanced units...

"We welcomed our baby unexpectedly at 33 weeks. Because we live in Campbell River & our local hospital does not have a NICU, we were admitted to NRGH. Being separated from our 2-year-old during such an emotional time was incredibly difficult. We are so grateful for the support from Variety, as we were provided with accommodation near the hospital with space for our toddler, and could keep some sense of normalcy until our baby was discharged."

- Family Supported from Variety Cares Fund

eliminate transfers between incubators and warmers, while providing the life-saving stable temperature and humidity essential for our tiniest and most vulnerable patients.

Additional supports for our pediatrics department this year include **advanced staff training in Pediatric Diabetes**, and provision of essentials and comfort items from donated **hand-crafted baby hats and blankets, baby bundles for new moms in need, toys and craft supplies for kids receiving care, and the Roots to Read program** supporting early literacy.

Increasing Accessibility and Specialized Care for Seniors

After nearly two years of fundraising, a fully **accessible refurbished bus for Dufferin Place Long Term Care Centre** is officially on the road. Thanks to generous support from community donors, Eldercare Foundation, long-term care staff, and a legacy gift from a local family, residents can once again enjoy meaningful outings and community connection.

"I missed our bus so much," shared one resident. "Just sitting by Departure Bay beach, having a burger and watching the world go by – that's a perfect day for me!"

These outings help support residents' independence, wellbeing, and quality of life by creating more opportunities for social connection and community engagement.

Seniors Outpatient Clinic

At a cost of \$600,000, fundraising has just begun for the **Seniors Outpatient Clinic** on the NRGH campus. To the end of the fiscal year, **\$30,690 had been raised toward this Clinic**, which once

complete, will support approximately 16,000 additional patient visits each year with seven-day-a-week service. The enhanced space will offer a more modern, accessible environment for patients while supporting healthcare teams in delivering coordinated, specialized care such as wound care and infusion services for older adults and people with chronic conditions.

Specialized Education for Healthcare Workers

Thanks to the support of donors, healthcare professionals across Central Vancouver Island were able to access a number of continuing education opportunities in support of their care of seniors this year, including **training in music therapy, psychosocial spiritual care, horticultural therapy and hospice/palliative care**.

Strengthening Access to Family Care

The Foundation provided **12 bursaries to the Division of Family Practice** this year, helping to recruit and retain family doctors with funding for equipment, licensing, and retention. We also provided a **capacity loan for Sea Point Clinic** in Lantzville and funded **computer equipment for Flowerstone Clinic in Parksville**. Additional funding was provided for **dermatological equipment for family practices in Nanaimo**, providing primary care physicians with the tools to assess skin cancers and other serious conditions, a tremendous improvement given the 6-month minimum waitlist for dermatologists in our community.



Roshan Behrouzi
Family Medicine Resident

Support for Parents & Newborns



Dr. Nora Penty
Family Physician recruited from Victoria



New Bus for Dufferin Place



Seniors Outpatient Clinic

Cassandra Elliot
Registered Nurse



Roshan Behrouzi
Family Medicine Resident

CRITICAL CARE SPOTLIGHT

B.C.'s First Senior Friendly Emergency Unit

\$1.3 Million

raised to fund the NRGH Senior Friendly Emergency Unit anticipated to open Winter 2026

The new Senior Friendly Emergency Unit at NRGH represents an important investment in the future of healthcare for older adults across Central Vancouver Island. Designed with comfort, dignity, accessibility, and safety in mind, this enhanced space helps ensure seniors receive care in an environment better suited to their unique needs during what can often be stressful and overwhelming medical situations.

With donor support and an amazing \$250,000 matching gift from the Rogers Foundation we were able to make this vision come to life.

Emergency departments can often be challenging for older patients. Bright lights, noise, long wait times, mobility barriers, and unfamiliar surroundings can increase confusion, anxiety, and the risk of falls or complications. The Senior Friendly Emergency Unit was thoughtfully designed to help address these challenges through features that create a calmer, safer, and more supportive patient experience.

As our region's population continues to grow and age, these projects are becoming increasingly important. Older adults represent a significant portion of ER visits, and creating spaces specifically designed to support their care helps improve outcomes for patients while strengthening the overall healthcare system.

"This is what your donor support makes possible," shared Rebecca McGregor, Director of Tertiary Clinical Operations, "This is not just a renovated space, but a reimagined approach to emergency care for seniors across our region."

The Senior Friendly Emergency Unit is on track for anticipated opening before the end of the year. The engineering drawings are complete, equipment has been ordered, and construction is expected to start imminently.

This project would not have been possible without the generosity of donors and supporters who believe in building a stronger future for healthcare across Central Vancouver Island.



Rebecca McGregor
NRGH - Director of Tertiary Clinical Operations



AREAS OF CARE



Critical Care

\$2,176,064

Critical care teams are there when every second matters, providing specialized care for patients facing serious illness and medical emergencies. With the support of our community, our healthcare teams have access to enhanced spaces, equipment, and resources that help deliver the highest level of care when it is needed most.

Advanced Monitoring & Treatment

The High Acuity Unit cares for patients who require specialized monitoring and treatment. Donor support funded **Sigma Spectrum V8 IV Pumps**, which provide precise medication and fluid delivery, as well as **Dual Chamber Temporary Pacemakers** used to stabilize patients experiencing serious heart rhythm complications.

Faster Bedside Care

A new **Venue Point of Care Ultrasound** allows healthcare teams to assess patients and guide procedures without leaving the bedside, helping clinicians make timely decisions when every moment matters. An **Olympus Ultra High Definition Monitor** further enhances visibility during procedures and assessments.

Medication Safety

Donors also funded **Omniceil XT Automated Dispensing Cabinets**, giving healthcare teams secure and efficient access to medications throughout the unit. These systems support safer medication management and help streamline care delivery in a fast-paced environment.

Equipping Every Patient Space

Additional investments included a **Thopaz Digital Chest Drainage System** for patients recovering from thoracic surgery and serious chest conditions, along with suction regulators, medical lighting, and specialized transport equipment. Together, these tools help ensure every patient space is equipped to support high-quality critical care.

Specialized Skills for Complex Care

Even the latest medical technology doesn't save lives by itself, so NDHF is proud to support healthcare workers in specialized training to increase their proficiency and keep their skills sharp. Funded by donor dollars, Critical Care staff took **advanced Geriatric Emergency Nursing courses and specialization in Wound, Ostomy, and Continence, advanced training in managing gastrointestinal, genitourinary, and skin disorders**

Thanks to donor support, more than \$1.7 million in equipment was purchased for the High Acuity Unit this year, helping equip one of the most advanced critical care spaces in Canada.



Artwork for the Windsor Plywood Foundation Critical Care Building from a Donor



HAU Waiting Area



Fully Equipped HAU Room



Nurse Station in new Windsor Plywood Foundation Critical Care Building



Pat Docherty Memorial
Golf Tournament Founders
Critical Care Building Donors



Exterior Bench Donated in Memory
of Randle and Frances Jones



Nanaimo Hospital Auxiliary
Critical Care Building Donors



CRITICAL CARE SPOTLIGHT

Building the Future of Critical Care

\$10.5 Million Raised



The opening of the **Windsor Plywood Foundation Critical Care Building** at NRGH marked a transformational milestone for healthcare in our region. After years of planning, construction, advocacy, and unwavering community support, the once ranked “worst ICU in Canada” has officially been replaced with a modern, state-of-the-art critical care facility.

Officially opened on September 2025, the three-floor building is now home to a new ICU, HAU, and modern staff workspaces designed to support both patients and healthcare teams. The **24-bed space** provides specialized care for patients with complex health needs while giving staff the advanced tools and environment they need, and deserve, to provide life-saving care.

In October 2024, NDHF celebrated reaching its ambitious **\$10.5 million** fundraising goal ahead of schedule, thanks to the generosity of more than **4,300 donors** led by the Windsor Plywood Foundation. Their leadership and \$3 million

transformational gift inspired one of the most impactful healthcare campaigns our region has ever seen.

Last summer, many of the project’s donors were invited to take part in a personal walkthrough of the completed building, offering a firsthand look at the extraordinary impact their support helped create. From patient care spaces to advanced clinical areas, donors were able to witness the success of a project that will support generations of patients and healthcare providers across central Vancouver Island.

To every donor, volunteer, partner, and supporter who helped make this vision a reality - thank you for helping build the future of critical care in our community!



AREAS OF CARE



Heart & Stroke Care

\$567,352

Heart disease remains one of the leading causes of illness and death in British Columbia, and as the population of Central Vancouver Island continues to grow and age, the demand for advanced cardiovascular care is increasing significantly. For women in particular, cardiovascular disease is the #1 cause of premature death. We are therefore pleased to announce the approval in the BC Budget 2026 to begin concept planning for increased cardiac services at NRGH. In the meantime, the Foundation is responding to the immediate needs of our care teams, funding advanced training and urgently needed equipment improving care for patients today.

Immediate Improvements in Cardiac Care

Thanks to donor support, the Foundation purchased an **echo stretcher** for NRGH this year. This highly specialized, adjustable medical table is designed for sonographers to perform cardiac and ultrasound examinations and has advanced features to grant the clinician direct, unhindered access to the patient's chest wall for views critical to accurate diagnoses.

We also funded a state-of-the-art **Stress Test System for Oceanside Health Centre**. This system is used to help determine how well your heart responds during times when it's working its hardest and provides important information on heart function.

NRGH medical staff received advanced **training in Dysrhythmia interpretation and management**, thanks to educational funding from NDHF. Our healthcare teams now have increased ability to analyze an electrocardiogram (ECG) to identify abnormal heart rates (too fast or too slow) or irregular heartbeats caused by disrupted electrical signals, leading to quicker diagnosis and improved patient outcomes.

Looking Ahead: Advancing Heart Care for our Region

This year marked a historic step forward for healthcare in Central Vancouver Island as the Province approved the start of **concept planning for expansion at Nanaimo Regional General Hospital (NRGH)**, as confirmed through BC Budget 2026 and by Island Health. This is a significant milestone, as NRGH was the only healthcare project in British Columbia approved to proceed to this stage of planning.

This achievement reflects years of collaboration and donor-funded advocacy from community leaders standing shoulder to shoulder in support of better healthcare for our region. The Nanaimo & District Hospital Foundation has worked alongside Island Health, the City of Nanaimo, local MLAs, Snuneymuxw First Nation, the Medical Staff Association, the Fair Care Alliance, and the Nanaimo Regional Hospital District, which committed funding for the concept planning process.

This important first step allows for a detailed assessment of community healthcare needs and future expansion options. Preliminary discussions

include a **new patient tower, expanded acute care services, and a cardiac catheterization (cath) lab** to better serve one of the fastest-growing regions in British Columbia.

The addition of a cath lab would be transformational for cardiac care in Central Vancouver Island. Currently, many patients requiring specialized cardiac procedures must be transferred outside the region for treatment. A cath lab would allow healthcare teams to diagnose and treat conditions such as heart attacks and blocked arteries more quickly, improving patient outcomes and reducing delays in care.

Donor support has already helped advance this work through funding for **early planning and design activities with MAKE Projects**.

While significant work remains ahead, this milestone represents meaningful progress toward expanding healthcare capacity and bringing advanced cardiac care to Central Vancouver Island. Thank you for helping move this vision forward.



*Kylie Clyne & Julia Beveridge
Endoscopy RN & ER Physician*

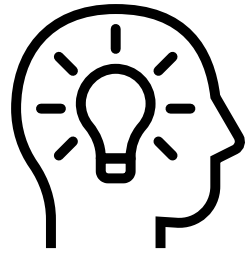


*Kristin Miller
Chief Nursing Officer*



Aerial Image of NRGH during the Windsor Plywood Foundation Critical Care Building Construction

AREAS OF CARE



Innovation

\$948,393

The 2025-2026 fiscal year saw the closure of our largest fundraising campaign ever for a single piece of equipment, with the achievement of our \$2.9 million goal for a second SPECT/CT machine for our nuclear imaging department at NRGH, thanks to tremendous donor support. But to Nanaimo & District Hospital Foundation, innovation means more than cutting edge technology. It includes systems interventions, advocacy and medical program innovation.

Technology Advancing Better Care

Advanced surgical imaging technology is helping transform the experience of care in the operating room at Nanaimo Regional General Hospital. Through donor support, **surgical C-arm equipment** provides healthcare teams with real-time imaging during procedures, allowing surgeons to see detailed internal images instantly while operating. This technology supports greater precision and efficiency during surgery, helping care teams make informed decisions in the moment and improving workflow throughout procedures.

The purchase of a new **pathology microscope with digital camera** fundamentally transitions traditional, manual slide analysis into innovative digital pathology system enabling quality patient care and faster diagnoses.

For patients, these advancements mean access to advanced care supported by modern technology designed to enhance safety, accuracy, and overall outcomes. Investments in innovative equipment help ensure healthcare professionals at NRGH have the tools they need to continue delivering high-quality care for communities across Central Vancouver Island.

Supporting Medical Program Innovation

With an investment of donor funds in strategic consulting, the Foundation is creating a dedicated physical space and organizational platform to support innovation. The **Nanaimo Tertiary Program Incubator** will serve as a neutral, cross-sector environment advancing initiatives with the goal of building out the specialized medical programs needed for NRGH to fulfill its role as the Tertiary Hospital for Central and North Vancouver Island. We will test the model with incubation of our cardiac care strategy, before going on to Neurology and Gastroenterology in the coming years.

In advance of launching our campaign to create **B.C.'s first Senior Friendly Emergency Unit**, the Foundation funded a research project engaging an expert in gerontology to research best practices and local applications for seniors' emergency care. The resulting recommendations laid the foundation for the new Unit, creating an innovative new model of emergency care for Seniors in our region.

From Vision to Action

The approval for concept planning to begin for the new hospital, while excellent news, was only one piece of our work to bring our vision for the future of healthcare on Central Vancouver Island to reality. Thanks to the support of a local family, and with our partners at the Fair Care Alliance, Foundation CEO Barney Ellis-Perry made two trips to Ottawa to advocate for NRGH to receive a portion of the **\$5 billion Federal Infrastructure Funding** up for grabs. We engaged a lobbyist to advise us on our strategy, and early indications from Ottawa were very favourable.

In anticipation of the 40% increase in staffing needed across all departments at NRGH once the new patient tower and cardiac centre are open, the Foundation also launched a healthcare recruitment campaign in the Spring of 2026. The campaign builds on the success of our family physician grants and bursaries program, offering expanded incentives such as housing stipends for doctors coming to check Nanaimo out, development of new daycare initiatives, development of an innovative housing program, and other tools and incentives to make our recruitment program competitive in the Canadian market.

An Innovative Partnership: Primrose Clinic

NDHF partnered with the Mid-Island Health Alliance raising **\$706,407.50 this fiscal** to fund the Primrose Medical Centre in Qualicum Beach, creating a new space for six to nine family physicians with the capacity to attach 6,000-10,000 patients with family doctors.

Built on a proven cost-sharing model, the Centre will give physicians autonomy, predictable overhead, and the stability needed to recruit and retain doctors. The clinic will offer "plug in and practice" opportunities that make joining the community both attractive and sustainable for new physicians.

It will also host specialty community clinics - geriatric care, psychiatry, youth and adolescent health, women's health - ensuring vulnerable populations receive services that are currently out of reach. Weekly rotations of visiting specialists such as cardiologists, nephrologists, and gynecologists will shorten wait times, reduce travel burdens, and improve patient outcomes across the region. **The clinic is scheduled to open in September of 2026.**



*Susan
Emergency Nurse Recruited from Arizona*



*Rachael
Emergency Nurse Recruited from Texas*



*Henrie
Emergency Nurse Recruited from Michigan*



*Sarah Nickolet, Mackenzie Webber & Trina Gulay
Medical Imaging Staff*



INNOVATION SPOTLIGHT

Seeing Beyond to Save Lives: SPECT/CT

\$2.9 Million Raised

When patients are waiting for answers, every moment matters. That's why Nanaimo & District Hospital Foundation launched **Imaging: Seeing Beyond to Save Lives** in November 2024, raising funds for a second SPECT/CT scanner at Nanaimo Regional General Hospital.

In just eight months, more than **1,400 donors** came together to fully fund the \$2.9 million project, reaching the campaign goal in July 2025. Support came from every corner of the community through major gifts, service clubs, local businesses, events, and grassroots fundraising efforts.

The Nuclear Imaging Department at NRGH is one of the busiest on Vancouver Island, performing nearly 5,700 scans annually. A second SPECT/CT scanner will **increase imaging capacity by at least 40%, allowing up to 8,000 scans each year** while helping reduce wait times by more than half.

This advanced imaging technology combines two types of scans into one highly detailed image, helping physicians diagnose cancer, cardiac disease, and other serious health conditions with greater speed and precision.

By providing clearer diagnostic information, clinicians can begin treatment planning sooner, giving patients and families faster answers during some of life's most difficult moments.

This project was about more than purchasing equipment. It was about investing in the future of healthcare across Central and North Vancouver Island and ensuring patients have access to life-saving diagnostic care close to home.

Faster diagnoses. Better outcomes. Thousands of lives impacted.

Oceanside \$809,879

As Oceanside continues to grow, so does the need for accessible, high-quality healthcare close to where people live. This year, donor support helped advance important investments at Oceanside Health Centre, from expanded space for healthcare providers to new technology and patient care equipment that strengthen services across the region. Together, these projects are helping build a more connected, responsive healthcare system for Oceanside residents today and for generations to come.

Family Medicine Clinic: Oceanside Health Centre Expansion

COMMUNITY

The Family Medicine Clinic will help ease pressure on the Urgent Care Centre at Oceanside Health Centre in Parksville by enabling the recruitment of new physicians and nurse practitioners and adding four new exam rooms and modern, team-based workspaces. Once complete, the clinic will accommodate up to six new family physicians and provide care to approximately 5,000–6,000 patients, improving access to primary care, reducing wait times, and enhancing health outcomes across the Oceanside region.

A generous legacy gift from the Estate of Michael Wansink enabled the Foundation to nearly fulfill its \$600,000 commitment to the project in 2025. The clinic is expected to open in Spring 2026.

Teleconsultation Technology

INNOVATION

Teleconsultation technology was funded to improve connections between patients, specialists, and care teams. This technology allows healthcare providers to conduct virtual consultations, reducing travel for patients and improving access to specialized care for those living in Oceanside and surrounding communities. It strengthens continuity of care and helps patients receive timely support without needing to travel to larger centres.

Vital Signs Monitors

HEART & STROKE

New vital signs monitors have been funded through \$167,082 in donations for Oceanside Health Centre to support frontline teams with accurate, real-time patient monitoring. These monitors track key health indicators including blood pressure, heart rate, oxygen saturation, and temperature, helping clinicians quickly assess patient conditions and respond efficiently. The equipment enhances patient safety and supports high-quality care across the facility.

Oceanside Healthcare Worker Event Support

MENTAL HEALTH

In addition to funding equipment and facility improvements, donor support has also helped strengthen opportunities for healthcare workers to connect, collaborate, and grow within the Oceanside region. This year, support was provided for healthcare worker engagement initiatives and community-building events that recognize the dedication of frontline teams while fostering stronger relationships across care providers. These gatherings help create supportive environments for healthcare professionals and contribute to building a stronger, more connected healthcare community in Oceanside.

Enhancing Life at Trillium Lodge

COMMUNITY & FAMILY CARE

Donor support is helping create more comfortable, engaging, and supportive spaces for residents at Trillium Lodge. Thanks to generous gifts from two estates, along with funding from the Eldercare Foundation, several improvements were made this year to enhance both daily living and quality of life. Residents now benefit from new Broda wheelchairs that provide greater comfort and mobility, updated dining room furniture that creates a more welcoming environment, and an immersive therapeutic garden with an enhanced outdoor gathering space. These improvements offer opportunities for connection, recreation, and enjoyment, helping residents make the most of the summer months while fostering a greater sense of community and well-being.

Additional Supports for Care in Oceanside

COMMUNITY & FAMILY CARE

Thanks to donor support, the Foundation was able to provide much needed CONFORMat seating and positioning system for wheel-chair bound patients at Oceanside Health Centre. This advanced system provides accurate, real-time information on pressure distribution and Center of Force trajectory that helps healthcare providers develop an optimal seating and positioning system for each individual patient, and represents the most advanced pressure mapping system available for seat and back analysis and is ideal for wheelchair pressure mapping.

Oceanside Community Raises \$65,000 for Cardiac Monitors

HEART & STROKE CARE

In June 2025, Oceanside residents came together at the Qualicum Beach Café and Inn for the inaugural Qualicum Beach Social, hosted by local realtors Aaron Nicklen and Brenda Nicholls. With 75% of attendees new to the Foundation, the evening was a combination of inspiration and connection, and over \$65,000 was raised for urgently needed cardiac monitors for Oceanside Health Centre.



Qualicum Beach Social



Vital Signs Monitors



Oceanside Health Centre

GRATITUDE GALLERY

The Nanaimo & District Hospital Foundation raised a record-breaking level of donations in the 2025-2026 year.

\$17,061,771

Visionaries - \$1,000,000+

Anonymous

Anonymous

Child Health BC

Estate of Ronald Charles Sulley

Diane & Gordon Heys

Vera A. Morrow

Nanaimo Hospital Auxiliary

Windsor Plywood Foundation

Leaders - \$100,000 - \$999,999

Bert H. Badey
Lucille & Dwaine Barclay
BenefAction Foundation
BMO
Anne-Louise Boyd
Bracco Diagnostics Canada Inc.
The Brett Family
Lori Broadfoot
Canadian Tire Corporation
Florence M. Chapman
CIBC
CIBC Wood Gundy
Lorna M. Cliffe
Coastal Community Credit Union
Coastland Wood Industries Ltd.
In Memory of Daniel Jonathan Commander
Dr. Paul & Mrs. Gill Conner
In Loving Memory of Linda Dianne Cowling
Zoe E. Dawson
Alan Deines
Joanne Caple & Bob Delaney
Estate of Michael Anthony Wansink
Estate of Margaret Nina Barr
Estate of Leopold Beier
Estate of Marguerite Elizabeth Blackert
Estate of Frances Brassard
Estate of Joan D. Brown
Estate of Robert Frederick Burgess
Estate of Floyd Jackson Campbell
Estate of David Danelo Chobzey
Estate of Eldred Emery Classen
Estate of Margaret E. Coburn
Estate of Daphne Brenda Cooper
Estate of James Lawrence Corbett
Estate of Subodh Deyasi
Estate of William Dunbar
Estate of Rose Fehr
Estate of Gerald Leslie Fetterly
Estate of Lynn Thomas Gamble
Estate of Bessie Gibson
Estate of Alfred Joseph Griffiths
Estate of Lucy Hawkins
Estate of Evelyn Hoad
Estate of Mary Holmes

Estate of Colleen Rose Imber
Estate of Clifford James Jackman
Estate of Kathleen Constance Dierdre Jull
Estate of Kurt Koloska
Estate of Borge and Ulla Larsen
Estate of Edith Lenhart
Estate of Liselotte Berta Johanna Leynard
Estate of Patricia Anne MacPherson
Estate of Delores Mason
Estate of Anne Eve McConnell
Estate of George McIntyre
Estate of Norman McMillan
Estate of Ruth Joyce McWhinnie
Estate of Viola Patricia Alice Muskett
Estate of Michael Patrick Noonan
Estate of Anders Mossin Olesen
Estate of Edna May Ormond
Estate of Phyllis Cecelia Palmer
Estate of Ali Pan & Sevgi Pan
Estate of Doris Edith Patten
Estate of Stanislaw Radzik
Estate of Rosalind Mary Ruddock
Estate of Charles F. Sanderson
Estate of Joan Skogan
Estate of Frank Edward Smith
Estate of Barry Clifford Swann
Estate of Janet Ruth Taylor
Estate of Margaret Helen Thomson
Estate of Margaret Isobel Vogan
E-Z-EM Canada Inc.
Fairwinds Golf Club
Janet & Ghazi Farooq
In Memory of Howard & Esther Gawley - Estelle
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In Memory of Rosie-Jean McKenzie
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Nanaimo Dragon Boat Festival Society
Nanaimo Port Authority
Newman's Own Foundation
Northfield Volunteer Fire Dept
Shirley-Anne Osborne
Collin & Eileen Payne
William J. Pittendreich
TD Wealth Private Giving Foundation
Quality Foods

RBC Foundation
The Rogers Foundation
Rotary Club of Nanaimo
Dale Rowe
RBC Royal Bank
Royal Canadian Legion Mt. Benson #256
Royal Canadian Legion #257
Scotiabank
Shields Foundation
Sidney R. & Gladys L. Sharman Foundation through the Victoria Foundation
Ron & Maxine Sodmont
Nanaimo Foundation Stanley de Vos Fund
Rudolf Steinmetz
The Sutherland Foundation
TB Vets Charitable Foundation
TD Bank
TELUS Corporation
Thrifty Foods
Tim Hortons
Tom Harris Community Foundation
Patricia & Thorne Underwood
Variety - The Children's Charity
Jon & Kim Waddell
Wave Babes Dragon Boat Team
Majorie Wilkie
Mr. & Mrs. P.A. Woodward's Foundation

Champions - \$10,000 - \$99,999

Anonymous
Shirley & Alan Bays
Bird Construction
Carly Carey Real Estate Team
Patrick Chamberlain & Jessica Stockholder
Jackie Clabon
Joyce Clarke
Coastal Community Private Wealth Group
Lawrence DeClark
Discovery Silver Corp.
Ray & June Dodson
Stewart & Sheryl Donaldson
Timothy Dwane
Estate of Gabriele Ilse Erika Achilles
Estate of Florence Sheila Bright
Estate of Leslie Waterfield
Bob & Fran Evaniuk
Funding Innovation
Jackie Gelling
Kanwaljit & Parwinder Grewal
Daniel Hansen
In Memory of Marie Hesser
Douglas & Teri Hitchen
Tom Hockin
Tom & Shelley Holmes
Christine & John Howarth
Island Savings
Jacek Martin Foundation
G. Terry & Diane Kellam
Dr. Michael & Karen Kenyon
Alan Kiefer
KSG Consulting Ltd.
Gord & Liz Laidlaw
Joanne Leighton
The Lindblad Family
Mayer Family Companies
McNally Family Foundation
MNP
Sean & Vera Moore

Nicola Wealth Management Private Giving Foundation
Mark Mawhinney, Odlum Brown Ltd.
Save On Foods
Ricky's Parksville
Sandra Schmirler Foundation
Saywell Developments
Louis J. Seidel
Shady Rest Qualicum Beach
In Memory of Art & Freda Spencer
Bruce & Edith Tait and Family
Harvey & April Twidale
Frances Vargo
Y.P. Heung Foundation

Partners - \$1,000 - \$9,999

Acera Insurance, formerly Megson
FitzPatrick
Joy & Chester Bauer
Barry & Sharon Ainslie
Jennifer A. Alder
Brian & Dianne Anderson
Carl & Sharron Anderson
Alf Angell
Penny Anguish
Archie Johnstone Plumbing & Heating Ltd.
Ian & Gwen Bailey
Gerald St. Jean & Nirmal Sandhu
BC Hydro Power Pioneers
Jim & Rita Bell
Karen Bell
Sharon Bellinger
Henry Benskin & Bee Mackend
Chris & Allena Bergen
Berwick Retirement Qualicum Beach Ltd.
Philip Birrer & Christine Jenkins
Tina Bowman
Nona & Brian Brack
Mary, Ray, & Leah Bradford
David Bramley
Patricia L. Branch
Robert B. Brooks
Teresa & Jack Buckingham
Ronald Bull & Christine Guest
Burbank Developments
Dr. Jennifer Burton & John McLay
C & J Barton Foundation
William & Patricia Carcary
Dale Carlson
Mary & Derek Carr
Amyra Carsh
Aurele & Barbara Caumartin
Central Drugs
Jean-Marie Russell & James Chamberlain
Derek & Judith Chapman
Leo S. Choy
Christopher Foundation
B. Chyplik
Walter & Marion Clark
Coast Distributors (Nanaimo) Ltd.
Cobs Bread
Douglas & Vickeri Cochrane
Patience & Laurence Conley
Frank & Deanna Corrigan
Cottonwood Ladies Golf Club
Country Club Centre Ltd.
Country Grocer
Dr. Dave & Roslyn Coupland
Prof. Trevor Craddock
Cynthia & Larry Crawford
Tanya Cressman
Dr. Bill & Janice Croft

Charles & Sharon Joynson
Juel Fund
Marilynn Kathrein
Dr. & Mrs. Vern Kemp
Dr. Michael & Karen Kenyon
Shannon & Rory Kilburn
Hyong Ki & Rosa Kim
Kyungyeol Kim
Ian & Karen King
King Kubota Services Ltd.
The King Family
Dave & Maureen Kirk
Dave & Nancy Killinger
KMF Traffic Solutions Ltd.
Malcolm & JoAnne Knapman
Knights of Columbus - Mid-Island Council 3843
Koers & Associates Engineering Ltd.
T.K. Krall
Doree Kustra
Dr. Francis LaCouvee
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John B. Laing
Lakeside Gardens Retirement Community
Dr. M. Lang & Dr. R-M Renner Inc.
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Colin & Kate Lowe
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Susan P. Maartman
Sandy & Dave Macaulay
Malcolm Macdonald
Graham & Beverley MacDonald
R. Lorne MacFarlane
Neil & Lois Macmillan
James B. MacRae
Tasha & Daniel Martinez
Jamie Martini
Dr. Kelly & Karm Matsuo
Dr. Margaret Mauer-Fazio
Bill & Denyse McCullough
Bud & Darlene McFarland
Susan McGorman
Margaret McGovern
Clarke S. McKeen
McLaren-Sturm Family
David McLaughlin
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Kay Miller
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Sara & Jarrod Moore
Mike & Donna Moore
Tina Moreira
J.H. & M.L. Morgan
Robert & Anneli Muir
Randy & Debby Munro
Elaine Murphy
Music Heals Charitable Foundation
Alastair & Leslie Myer
Nanaimo Airport Commission
Nanaimo/Ladysmith Greek Community
The Nanaimo Heart Sisters
Nanaimo Lions Club
Nanaimo Theatre Group
NanOOSE Bay Lions

Steve & Debbie Neil
New Image Home Furnishings Ltd.
Alison & Don North
Chris & Kelsey Nudd
Ocean Idlers Car Club
Marilyn & Danny O'Hara
Gordon & Grace Olafson
Vincent Ollech
Julian & Susan Packer
Parksville Lions Club
Douglas Paterson
Cathy Peckham
John & Nancy Peirce
Doug & Catherine Pelly
Petro-Canada CareMakers Foundation
Ken & Joan Plant
Gerry & Colleen Pollock
Derrill & Pauline Prevett
Manly Price
Ingrid Prinz
Provincial Employees Community Services Fund
John & Pat Purves
Joseph C. Ramsay
Tony & Jenny Ransom
RCMP Veterans Association Central
Vancouver Island Div
Carly Carey Real Estate Team
Greg & Winn Rehill
Adrian & Helen Rice
Lorna & Brian Riddell
Rise Medical Aesthetics
Richard & Jacquie Robinson
George Robinson & Dr. Ellyn Davidson
Susan Robinson & Andreas Rodewald
Gisela Roeder
Jim & Audrey Rose
Rotary Club of Lantzville
Rotary Club of Nanaimo North
Royal Canadian Legion Branch #11
Royal Canadian Legion #212
Royal Canadian Legion #49 Parksville
Royal Canadian Legion, Mt. Arrowsmith #49, Ladies Aux
R. Bryan Rudgard
Maureen Rumney
Susan J. Ryan
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Maria Sedola & Family
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Stephen & Gloria Shabbits
Parmjit & Jagdish Shahi
Patrick Shannon
Cindy Shantz
Brenda Shaw
Sylvia Shedden
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Starlight Children's Foundation Canada
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Gerry Sugiyama
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Pat & Jim Sweeney
Cathy & Duncan Tait
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Elizabeth & Richard Thompson
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Donald & Susan Wieck
Wendy & Grant Williams
Ken & Betty Wong
Dr. Sandra Wood
Woodgrove Centre
Bill & Karin Younghusband
Wes & Andrea Zannet
Zwynenburg Family

Donations in Loving Memory

Mary Arbanas
David Booth
Toby & Joan Brown - Nancy & Harvey Stern
Lucille Caines
Chris Calver
Leo Chow
Shirley Corris
Ernie - Gillian Dolling
Joan Drennan
Margaret Foggett
Michael James Foster
Lynne Fraser - Janice Krall
Audrey M. Hinksman
Susan Johnstone
Sybille Dorothea Jones
Bob Manley
Mary Ann McCrory - Tony McCrory
Joyce Mitchell
Donna M. Mitenko
Cliff Morton
Eileen & Marvin Majocha
Kurt
William Aylwin Parker
Bryan Peterson
Robert Pettit
William E. Phillips
Brenda Pirie - Kim Pirie
Glen Plueckhahn
Cathie Purchase
Don Snell - Danielle
Bill Stein - Dorothy
Lorraine Stewart - David Stewart
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Dexter & Nolan
Birgit Wallberg
Gerald V. Whidden
Opa Wilf Ratzburg - Hanne, Britta, Barb, Sean & Jack
Thomas Wilson
Janet Winton
William Zurba - Wayne & Darlene Latremouille
Mary & Frank Zver



Golf for Life



Soirée by the Sea



Pat Docherty Memorial Golf Tournament



Light the Trees



Dirt Cup



International Women's Day



Mid-Island Co-op Fuel Good Day



Tim Hortons Smile Cookie

COMMUNITY ENGAGEMENT

Events

Events are cornerstone fundraising initiatives led by NDHF & the community that bring together donors, sponsors, volunteers, and community members in support of local healthcare. From inspiring community celebrations to meaningful giving campaigns, these events play an important role in advancing patient care and healthcare initiatives across Central & North Vancouver Island.



Special Events

\$377,000

Soirée by the Sea

\$231,037

Golf for Life

\$218,045

Special Events

COMMUNITY & CORPORATE PARTNERSHIP

Special events are an important part of the work we do at the Nanaimo & District Hospital Foundation. They give people who care about healthcare in our region the opportunity to support the Foundation in a way that reflects their own interests, passions, and connections.

Be it our multi-year partnership with Tim Horton's and their Smile Cookie campaign or our annual Fuel Good Day with Mid-Island Co-op, or first time events like the Snowbirds Show, it is always exciting to see the creative ways our community comes together to raise funds for healthcare on Central Vancouver Island.

We are incredibly grateful to the individuals, businesses, and community groups who dedicate their time, energy, and networks to organizing these events and helping make a difference for patients, families, and healthcare teams across our region.

- Dine About Gala
- International Women's Day Nanaimo
- The Dirt Cup
- The Grand Hotel's Whiskey Fest
- Milner Yard Waste Drop Off
- Berwick at Qualicum Beach Fashion Show
- Tim Hortons Smile Cookie
- Cobs Bread Doughnation Day
- Tom Harris Classic Golf Tournament
- Bathtub Weekend
- Snowbirds Show
- Pat Docherty Memorial Golf Tournament
- Mid-Island Co-op Fuel Good Day
- Zonta Club of Nanaimo's Boots & Bling
- NCH's Brovember
- Niami Beach Party

Signature Events

Soirée by the Sea

What started as a wild idea to bring people by boat to Satsutshun for an evening of inspiration, fun and fundraising has turned into an annual highlight of magic and generosity. On June 6, Soirée by the Sea returned to the shores of Satsutshun where the 94 supporters came together to enjoy a wonderful meal, great company and dancing, while raising more than **\$231,000 in support of the Rehabilitation Unit** at Nanaimo Regional General Hospital.

This funding will help patients recovering from illness, injury, amputations, and surgery access advanced rehabilitation equipment that supports their journey toward greater independence.

Golf for Life

The 32nd Annual Golf for Life tournament brought together 133 golfers and friends to spend a fun day on the links and an evening of connection, while raising over **\$218,000 to equip NRGH's urology team**. This included 10 new resectoscopes, which are specialized instruments that allow surgeons to perform minimally invasive procedures with greater precision and efficiency.



Fairwinds en Blanc

Cobs Bread Doughnation Day

Zonta's Boots & Bling



Snowbirds

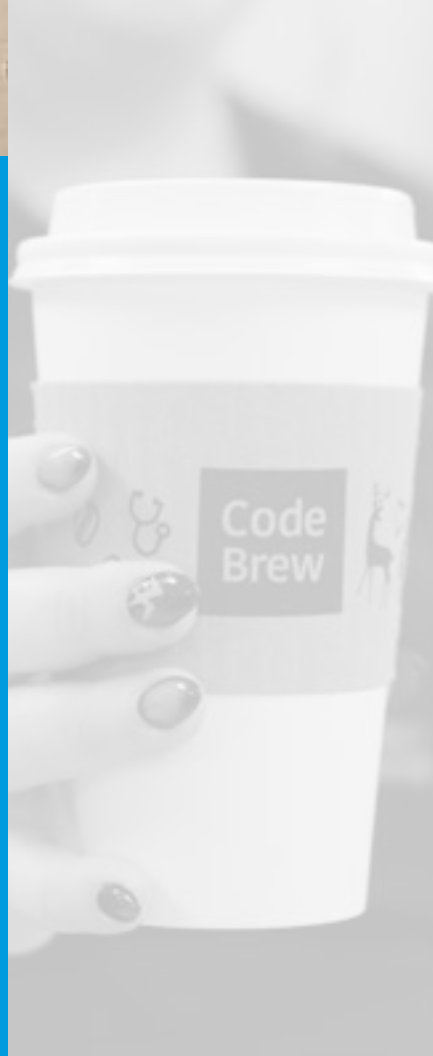


20+
VOLUNTEERS

1,384
CLIENTS

26,064
BUTTON CLICKS

59%
OF ALARMS THAT
REQUIRED ASSISTANCE
WERE RESOLVED
WITHOUT EMS



Located inside NRGH, Code Brew Café is more than a place to grab coffee. It is a daily gathering place for healthcare teams, patients, families, volunteers, and visitors.

Each year, Code Brew serves approximately **45,000 cups of coffee**, averaging more than 3,700 cups per month and 120–150 cups per day. On weekdays, the café serves approximately 400–600 customers daily, with another 200–350 customers each day on weekends.

Last fiscal period, Code Brew generated over **\$1.1 Million in total sales**, supporting the Foundation's broader work while creating a welcoming space inside the hospital. In addition, Code Brew has launched its own coffee brand, expecting to arrive at the Café Summer 2026.

Code Brew's impact extends beyond the hospital walls. The café supports local events and initiatives including **NRGH Staff Appreciation Day, Fletcher's Challenge, NRGH Light the Trees, Golf for Life, and the Butterfly Run**. Through the Pepsi Code Brew Scholarship Program, Code Brew also helps support future healthcare workers by offering a **\$5,000 scholarship to students pursuing education in the medical field**.



Nanaimo Lifeline provides trusted local support for seniors, caregivers, and families who want greater confidence and independence at home and in the community.

Today, Nanaimo Lifeline supports **1,384 clients** with Lifeline service

In early 2026, Nanaimo Lifeline moved to a new location at **2–3188 Barons Road**. The new space is brighter, more spacious, and easier to access, with improved parking and increased foot traffic. This move has helped create a more welcoming experience for clients, families, and caregivers.

The team also introduced new technology over the past year, including **Smart Watch and On the Go + Wandering support**. The Smart Watch has quickly become a popular option, with 47 current clients using the technology to support safety, mobility, and peace of mind.

Through trusted service, local knowledge, and evolving technology, Nanaimo Lifeline continues to **help people stay connected, supported, and independent**. Direct net profit supports senior community wellness programs.



45,000
COFFEES BREWED

22
VOLUNTEERS

500
CUSTOMERS
PER DAY





From Left to Right: Cody Dreger, Greg Scott, Anu Mayer, Donna Hais, Michael Smith, Barney Ellis-Perry, James Byrne, Tony Harris, Greg Phillips, Dave Lindblad, Damian Lange

Nanaimo & District Hospital Foundation 2025/2026 Board of Directors

Board of Directors

Tony Harris
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Tony Harris Group

Anu Mayer
Vice-Chair
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Cody Dreger
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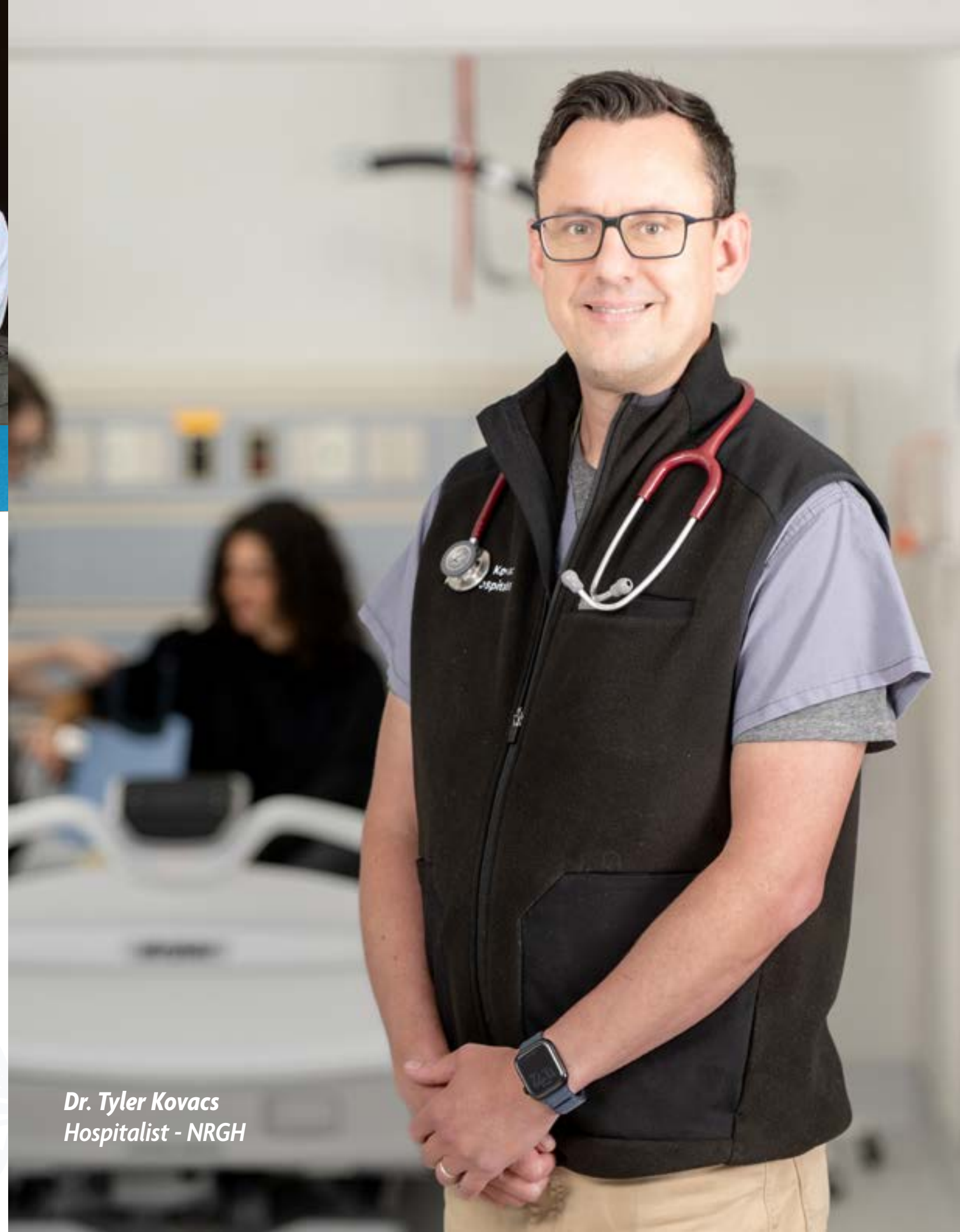
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David Lindblad
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Marko Pelijhan
Vancouver Island Health Authority

Greg Phillips
Johnston Franklin Bishop
Lawyers

Greg Scott
Coastal Community Credit Union



Dr. Tyler Kovacs
Hospitalist - NRGH

Supporting the People Behind Care

Investing in Staff Training

Donor funding also helps healthcare professionals access **specialized training and professional development opportunities**. These investments support ongoing learning, strengthen healthcare teams, and help bring new knowledge and skills to patients across the region.

Grateful Patient Program

Through the **Grateful Patient Program**, patients and families can honour healthcare workers who provided exceptional care. Many gifts are accompanied by sponsored snack breaks for departments, creating meaningful moments of recognition while supporting future healthcare priorities.

Staff Appreciation Day

Healthcare workers at NRGH are celebrated during the annual Staff Appreciation Day, a **special event held in the hospital courtyard featuring local vendors, food, merchandise, and giveaways**. The event brings staff together and provides an opportunity for the community to thank them for the care they provide every day.

Popcorn Days & Snack Breaks

Every two weeks, Foundation staff and volunteers host **Popcorn Days at NRGH**, providing complimentary snacks while connecting with healthcare workers and sharing updates on donor-funded projects. Similar **snack breaks at Oceanside Health Centre** offer staff opportunities to recharge and enjoy a moment of appreciation during busy shifts.

Medical Staff Talent Show

Supported by the Foundation, the Medical Staff Talent Show is an annual showcase of the incredible performing talent of the NRGH medical staff, all in support of Roots to Read early literacy program.

HERE ARE SOME OF THE WAYS TO GET INVOLVED WITH THE NANAIMO & DISTRICT HOSPITAL FOUNDATION



Become a Volunteer

From a wellness check caller with our Lifeline Nanaimo team, café team member at Code Brew Café, or with our Foundation team, we have a number of volunteer opportunities ready to be filled!



Share Your Story

Inspire others by sharing your story with us!



Sign Up for Our Monthly Newsletter

Subscribe to our monthly newsletter to be up-to-date on our Foundation news, donation impacts, and updates throughout the year.



Donate

Support healthcare in our community by signing up for monthly donations or planning a legacy gift. Memorial and tribute donations are meaningful ways to honour or celebrate someone special.



Share your Suite with a Resident Doctor

Have a suite sitting empty most of the year? If so, **ask us** about opportunities to provide short or longer-term housing for resident doctors and help them build community connections and choose Nanaimo as their permanent home after training.



Events

Mark your calendar for our signature events and support our corporate partner events, such as Tim Hortons' Smile Cookie Days, Mid-Island Co-op's Fuel Good Day, and COBS Bread's Doughnation Day.



Organize a Fundraiser

Celebrate milestones, memories, or just some needed community fun by organizing a charity event raising funds for healthcare. Our team is here to help bring your idea to life.



Raise Awareness

Help us grow our supporters by inviting NDHF to speak at your service club, workplace, faith group or info-gathering session. We'll bring coffee and goodies from Code Brew Café.



Listen to our Podcast: Harboursing Hope

Discover the stories behind healthcare in our region through Harboursing Hope, the official NDHF podcast. Hear from healthcare professionals, community leaders, donors, and patients making a difference across Central and North Vancouver Island.



Light the Trees



Bi-weekly Staff Appreciation Popcorn Days



Roots to Read - NRGH Medical Staff Talent Show



Staff Appreciation Day

Annual Update



We are located in the lobby of the Nanaimo Regional General Hospital

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