

Giving for tomorrow

A gift in your will for your community.

NANAIMO &
DISTRICT
HOSPITAL
FOUNDATION



It's in our
Nature
to Give

“ A legacy gift can make a world of difference within your community and can have a lasting impact long after you are gone. ”

Are you looking for a way to make an impact on the health of your community into the future?

For 47 years, the Nanaimo & District Hospital Foundation has been helping donors leverage their personal philanthropy to make lasting impacts on the health of their community. We are raising millions annually to support our region's healthcare facilities, including Nanaimo Regional General Hospital, Oceanside Health Centre, and three long-term care facilities, by leading major fundraising campaigns for critical medical equipment, new priority projects, and programs that provide the best and highest level of healthcare to the residents of Central Vancouver Island.

With a gift in your Will, you will help ensure this region continues to have high-quality health resources for our rapidly growing population. Your gift will have a profound impact on future generations. You'll help ensure that your community can meet the healthcare needs of your loved ones, your friends, and your neighbours right here in Nanaimo and Oceanside.

Giving for a Cause *You Believe In.*

Cynthia Crawford –

Legacy Donor:

If you've ever been lucky enough to travel, you'll understand how exciting and joyful a relaxing vacation can be. In 2016, Nanaimo Regional General Hospital (NRGH) supporters Cynthia and Larry Crawford were enjoying a trip aboard a beautiful cruise ship. Unfortunately, that trip was cut short when Larry suddenly began getting pains in his shoulder. As the pain escalated, their fears grew, and the onboard doctor told them, "I think we'd better get you home."

They immediately returned to their new home in Qualicum Beach. The two had grown up in Montreal and had been together since 1963. Their careers took them around Canada. But in 2016, just months before their cruise, they decided to move to Qualicum Beach. And, of course, they fell in love with the community.

When Cynthia and Larry returned from their cruise, they learned the onboard doctor was right to send them home. Larry was diagnosed with prostate cancer. While undergoing treatment at NRGH, Larry was grateful for the quality of his care, but noted the need for updated medical equipment.

Cynthia remembers, "When he came home from the hospital, he said, I have to give back to this hospital."

Larry stayed positive throughout his treatment and recovered from his cancer thanks to the fine team at NRGH. Cynthia says of the hospital staff, "It was like they were old friends. They knew Larry by name, and he had his doctor's cell number to call at any time. The medical team really went above and beyond to make us both comfortable."

This health scare led Cynthia and Larry to truly appreciate their local hospital and the wonderful people who work there. It also motivated them to find a way to help the community that they had grown to care so much about. So, they chose to leave a gift in their Will to the Nanaimo & District Hospital Foundation.

Sadly, in 2021, Larry passed away from congestive heart failure. However, throughout all of the hard times, Cynthia says she and Larry were always supported and greatly comforted by the hospital staff.



After this experience, Cynthia decided to make a legacy gift of her own. She initially thought leaving a gift in her Will would be complicated but says, "The Foundation staff made it so easy."

"It was very, very comfortable, and I felt I was doing a good thing. I have never regretted it once and am comforted to know that it's going to help others."

Ever since Larry's passing, Cynthia has contributed in other ways as well, volunteering and lending her time to fundraising events. "It's very rewarding in my life. It has made me stronger, and now what I'm doing is continuing Larry's legacy."

As you can see, Cynthia has found a meaningful way to memorialize her husband - by helping the Nanaimo Regional General Hospital and the amazing staff who make a difference in the lives of their patients. What a great way to pay tribute to a wonderful man and help provide better healthcare for people in our community.

“My message is to give to others and encourage them to do the same thing. Giving is not just about making a donation, it is about making a difference. If you can give, please give.”

Make a difference, for years to come.

Dr. Cobus Smith

*The Classen Preoperative Centre,
Nanaimo Hip and Knee Centre*

For years, getting orthopaedic care in Nanaimo was a challenge. After meeting with a family doctor, a patient often waited months to see a specialist and months more between consultations with the various departments involved. The process was long and difficult – often taking between two and four years from diagnosis to surgery.

Dr. Cobus Smith, an orthopaedic surgeon, recognized this problem and set out to solve it. And a generous legacy gift was the key to making his dream a reality.

“I’ll never forget the day I was sitting in my office, and a patient in her 70s from Qualicum came in. As I’m looking at her referral, I see she has been waiting nearly two years to see me. ‘Wow,’ I thought. “This just cannot be.”

At that moment, Dr. Smith decided he wanted to centralize orthopaedic surgery right here in Nanaimo. He began the long process of setting the stage for a brand new orthopaedic hip and knee clinic for the region.

However, just when he thought his years of work were coming to fruition, he learned that a funding problem would potentially derail all of his efforts.

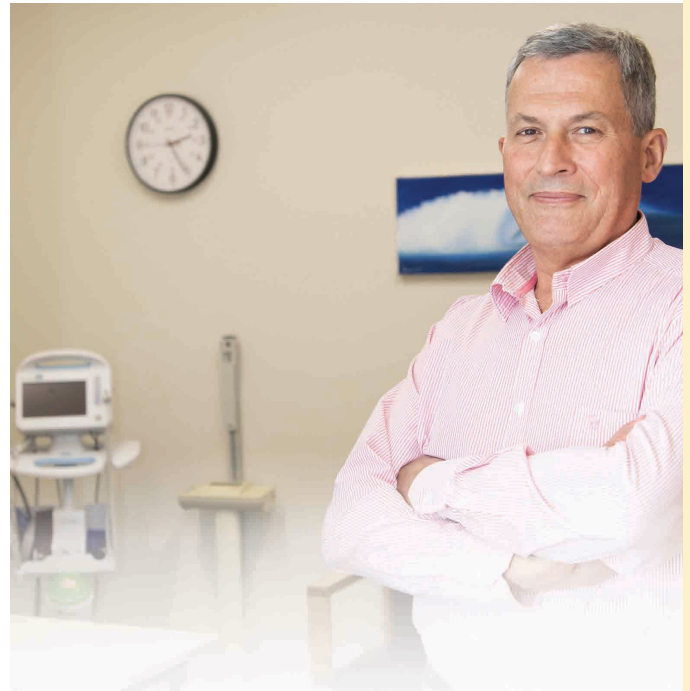
“I saw five to six years of work just fall apart in front of my eyes.”

But, a legacy donation made to the Nanaimo & District Hospital Foundation saved the project and led to the completion of this brand-new, top-of-the-line facility.

The Classen Preoperative Centre now serves as a hub for all parts of the orthopaedic process, allowing for a much quicker and more collaborative approach.

“That entire process of waiting months for consultations between different specialties has disappeared. Patients see the physiotherapist and receive treatment from various specialists, and everything is in one spot. It’s such an enormous improvement.”

Dr. Smith knows that this facility exists today only because of legacy donors. “Nothing would have happened without that money. I even tear up now when I talk about it. It was like a gift from heaven. It put the final cherry on top of five years of hard work.”



Today, the facility carries out two hip-fracture surgeries a day – exceeding the capacity in Victoria, and eliminating the need for patients to travel. This clinic provides excellent care for the entire region, now and in the future. And it shows just how impactful a legacy gift can be for our community.

“I think it’s important to spend your money in your community, knowing that it will have a long-lasting effect long after you are gone. All the money spent in orthopaedics will improve the quality of care that we provide for years to come.”

You can help ensure your community has the healthcare it needs, now and in the future, when you make a gift in your Will to the Nanaimo & District Hospital Foundation. Gifts in a Will are not just for wealthy people. Everyone can help build a stronger hospital system that takes care of the people you love long into the future.

“I think it’s important to spend your money in your community, knowing that it will have a long-lasting effect long after you are gone.”

Honouring my Family and my Community.

Janice Krall

Chief Development Officer

If you've lived in Nanaimo for very long, chances are you've come across Janice Krall, as Janice has been a committed community volunteer for decades. Among her many contributions, she's served as Vice Chair of the Greater Nanaimo Chamber of Commerce and past President of the Rotary Club of Nanaimo. She even helped start a Central Island support group for women surviving heart disease and stroke. On top of that, Janice is also the Nanaimo & District Hospital Foundation's Chief Development Officer.

A lifelong resident of Nanaimo, her connection to the Nanaimo Regional General Hospital (NRGH) runs deep. Both Janice and her husband were born here. Her mother-in-law was an ER nurse at the hospital as well. She credits her parents for inspiring her to serve her community. "From an early age, my family taught me the importance of giving to help others. Our house was busy, happy, and always full."

With Nanaimo's population booming, Janice understands the importance of community support in meeting the needs of this rapid growth.

"It's a fantastic community and affordable for young families. And, as you know, Nanaimo is a stunningly beautiful place with great hiking and camping nearby. But in all fairness, it means nothing if you don't have a well-equipped hospital. At some point, every one of us will need healthcare. And I believe each of us can play a part in its improvement."

That's why Janice was motivated to leave a gift in her Will. She knows how impactful a legacy gift can be – she's seen it firsthand.

"A perfect example of the impact a legacy gift can have is the hip and knee clinic, funded by a legacy gift. That addressed many challenges that the hospital was faced with. It streamlined patient care and created a one-stop-shop for everything to do with the before, during and after hip and knee surgery."



As you can see, Janice always works with an eye towards the future. She is passionate about ensuring that NRGH is there for you when you need it. She knows that by leaving a gift in her Will, she is helping patients long into the future. "Even when I'm no longer here, I know I'm going to make a difference in the lives of my community members."

"It's important to emphasize that most gifts in a Will are modest. They are from everyday people. People who care about healthcare and our community. And they all make a positive difference."

“From an early age, my family taught me the importance of giving to help others. Our house was busy, happy, and always full.”

How to Give.

Planning a Gift for the Future

By including the Nanaimo & District Hospital Foundation in your Will, you help create a Central Vancouver Island healthcare service that truly serves the community. You will help ensure the region continues to have high-quality health resources for our rapidly growing population. Your gift will have a profound impact on future generations. You'll help ensure that your community - your loved ones, your friends, and your neighbours – can meet their healthcare needs right here in Nanaimo and Oceanside.

The most common types of bequests are:

Residual bequests: You can designate part or all of your estate to the Nanaimo & District Hospital Foundation. The benefit is that you don't have to update that portion of your Will, even if the value of your estate changes.

Specific bequests: You can designate a **fixed** dollar amount or property to the Nanaimo & District Hospital Foundation.

Tax-benefit: How it works

For example, let's say a donor leaves \$150,000 in their Will to the Nanaimo & District Hospital Foundation. And let's assume the total net income on their final tax return was \$100,000. And their net income in the previous year was \$75,000:

1. A donation of \$100,000 can be claimed on their final tax return.
2. A donation for the remaining \$50,000 can be claimed on their previous year's return.
3. Their estate receives a total tax credit of \$75,000 between their final two tax returns*

Note: We always recommend seeking estate advice from your lawyer or accountant.

When speaking to your lawyer or financial advisor, here are the details you may need to know:

Full charity name: Nanaimo & District Hospital Foundation

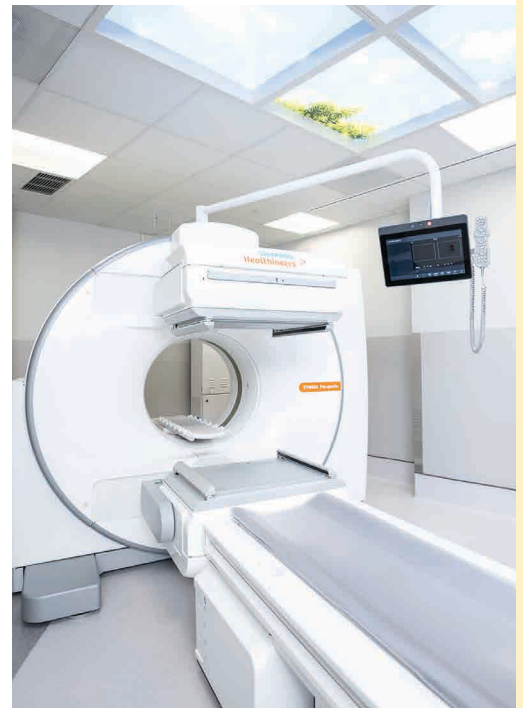
Address: 1200 Dufferin Crescent, Nanaimo, BC V9S 2B7

Charitable registration number: 11905 0672 RR0001

Society Act Certificate No.: S-13669

* Tax credit depends on donor's income and specific circumstances

Please let us know if you've already made a legacy gift and haven't told us yet. Then, we can work with you to ensure your gift does precisely what you want, and welcome you into our community of caring donors committed to improving healthcare for everyone on Central Vancouver Island.



Gift Designation

Gifts to the Nanaimo & District Hospital Foundation can be designated in support of the long-term sustainability of the following facilities:

- Nanaimo Regional General Hospital
- Oceanside Health Centre in Parksville
- Dufferin Place long-term care facility in Nanaimo
- Eagle Park Healthcare Facility in Qualicum Beach
- Trillium Lodge long-term care facility in Parksville

In addition to specific facilities and departments, we have six thematic areas to ensure that our donors' wishes can be realized in the future.

- Cancer Care
- Community & Family Health
- Critical Care
- Heart and Stroke Care
- Innovation
- Mental Health

Foundation staff are here to discuss your giving options and ensure you feel comfortable and supported throughout the process. Please reach out anytime.



Cheryl Onciul

Senior Manager of Annual & Planned Giving

Nanaimo & District Hospital Foundation

If you have questions, we're here to help you.

Please get in touch with Cheryl Onciul at 250-755-7690 or email Cheryl.Onciul@islandhealth.ca. A legacy gift is a powerful way to ensure quality healthcare continues on Central Vancouver Island for generations to come.

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