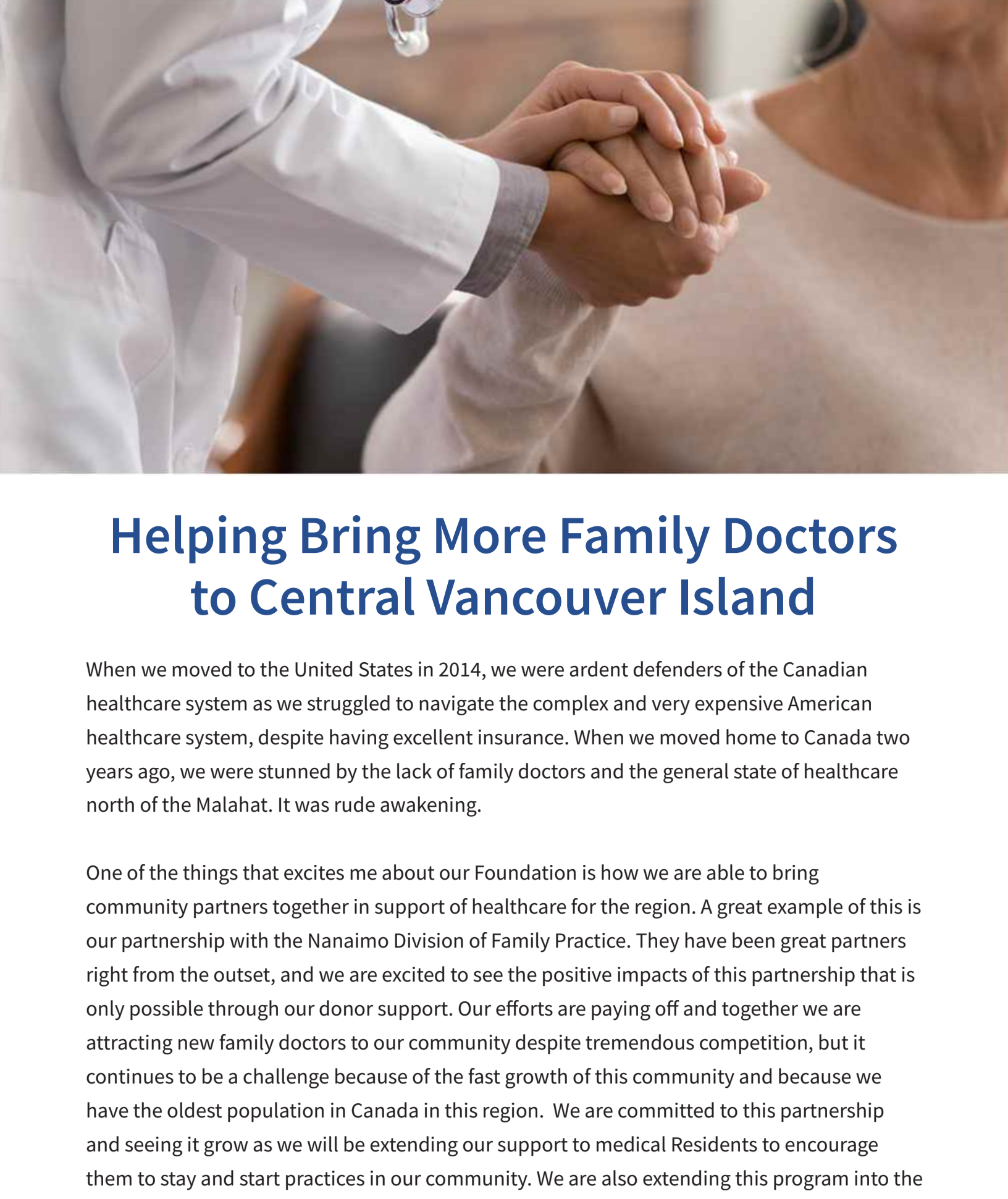




Message from Barney Ellis-Perry, CEO



Helping Bring More Family Doctors to Central Vancouver Island

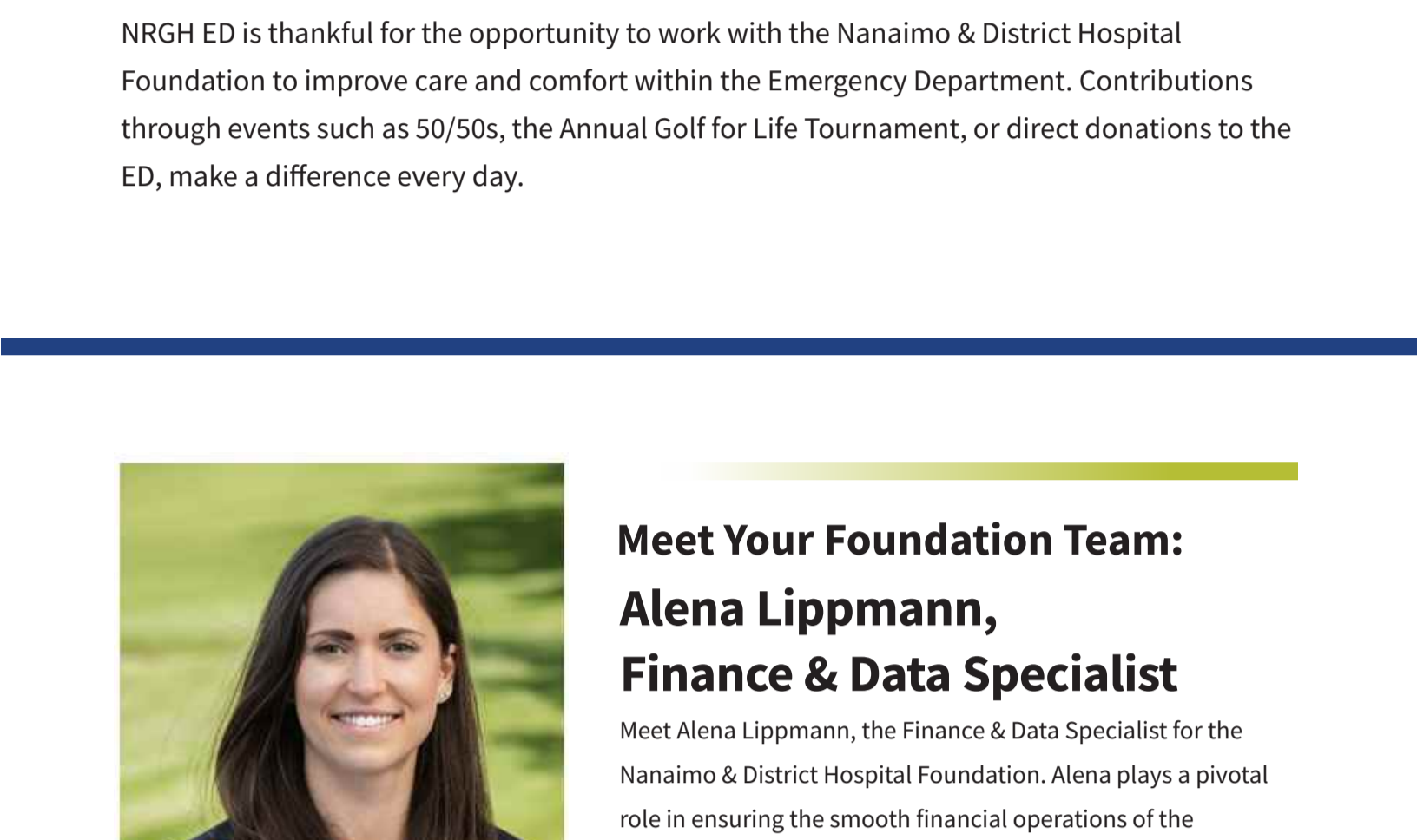
When we moved to the United States in 2014, we were ardent defenders of the Canadian healthcare system as we struggled to navigate the complex and very expensive American healthcare system, despite having excellent insurance. When we moved home to Canada two years ago, we were stunned by the lack of family doctors and the general state of healthcare north of the Malahat. It was rude awakening.

One of the things that excites me about our Foundation is how we are able to bring community partners together in support of healthcare for the region. A great example of this is our partnership with the Nanaimo Division of Family Practice. They have been great partners right from the outset, and we are excited to see the positive impacts of this partnership that is only possible through our donor support. Our efforts are paying off and together we are attracting new family doctors to our community despite tremendous competition, but it continues to be a challenge because of the fast growth of this community and because we have the oldest population in Canada in this region. We are committed to this partnership and seeing it grow as we will be extending our support to medical Residents to encourage them to stay and start practices in our community. We are also extending this program into the Oceanside region through a new partnership we are developing with the Central Island Division of Family Practice. To learn more about this impactful campaign, visit our website at nanaimohospitalfoundation.com.

The summer was interesting, we were blown away to receive a series of unsolicited gifts from donors of appreciated securities - several of these gifts were ten times the amount the donors had ever given before. This has enabled us to commit to an un-precedented \$1.3 million in equipment since April 1st. This equipment is going to over 14 departments at NRGH, Oceanside Health Centre and the three long term care facilities we support. Amazing!

Thank you for being with us on this journey. We are preparing now for the Winter Campaign and Giving Tuesday so stay tuned we have lots of fun opportunities for you to engage with us and support healthcare in our community coming up!

Message from Hospital Leadership



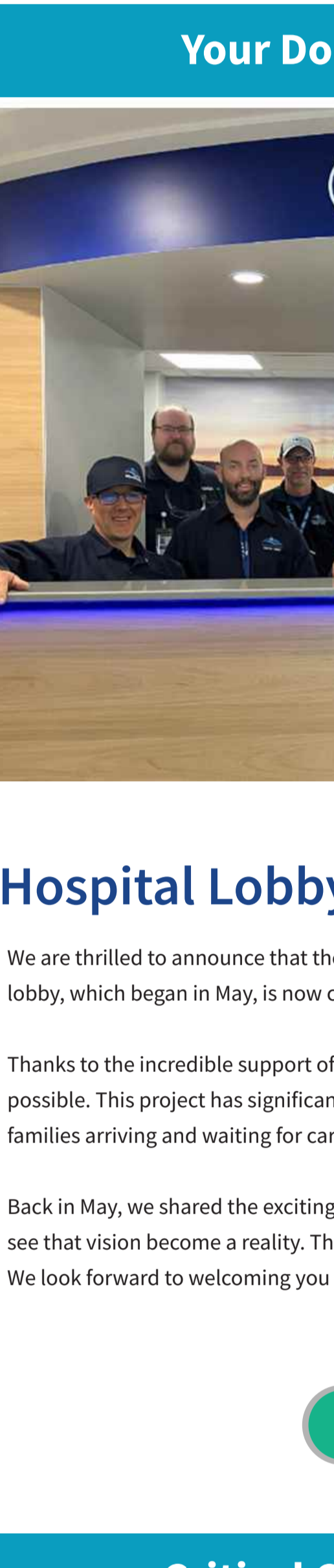
Nanaimo & District Hospital Foundation Supporting NRGH Emergency Department

Nanaimo Regional General Hospital Emergency Department (NRGH ED) is a busy place. With a daily average of 191 patient visits, 56 ambulance presentations and 38 ED patient admissions to the hospital, it is one of the busiest EDs on the Island. Although many patients are medically treated and discharged home, there are approximately 10 critical patients everyday who require lifesaving medical care. Whether it's a patient experiencing a sudden traumatic injury and/or cardiac-respiratory arrest, these situations require the largest number of healthcare providers and the greatest amount of specialized equipment. Support from the Nanaimo & District Hospital Foundation assists NRGH ED to be ready to care for all these types of injuries/illnesses as well as all ages of individuals.

Thanks to heartfelt, generous donations to the Foundation, NRGH ED has been able to upgrade existing equipment, improve comfort measures for patient care, and aid in the retention of staff. Equipment such as new recliners and stretchers purchased by the Foundation better suit patients with mobility issues. Education courses funded through donor dollars improve nursing skills and knowledge in emergency medicine. Advance scheduling software procured by the Foundation assists Physicians in booking on shifts at NRGH ED. These are only a few of the recent contributions.

In the upcoming year, NRGH ED is excited to partner with the Foundation to establish an elderly friendly Emergency Department. This project will focus on redesigning care spaces, purchasing specialized care equipment, and supporting geriatric healthcare education for staff. The goal is to better serve our growing elderly population in the region.

NRGH ED is thankful for the opportunity to work with the Nanaimo & District Hospital Foundation to improve care and comfort within the Emergency Department. Contributions through events such as 50/50s, the Annual Golf for Life Tournament, or direct donations to the ED, make a difference every day.



Meet Your Foundation Team:

Alena Lippmann, Finance & Data Specialist

Meet Alena Lippmann, the Finance & Data Specialist for the Nanaimo & District Hospital Foundation. Alena plays a pivotal role in ensuring the smooth financial operations of the Foundation from processing donations to managing the Foundation's accounts payable and receivable functions. Her meticulous attention to detail and extensive experience in accounting, both locally and internationally, support the Foundation's mission. Additionally, Alena brings her expertise to Code Brew and Lifeline, where she continues to enhance financial processes and reporting.

- How Many Years have you been at the Foundation For? I've been with the Foundation for almost six months, and it's been an incredibly rewarding experience so far.
- Your Code Brew order: Ginger lemon tea—it's refreshing and keeps me energized throughout the day.
- Work from home, office, car, or all of the above: I enjoy collaborating with the team in the office, but I also appreciate the flexibility of working from home.
- Sun or Snow: While I do enjoy the beauty of snow, I thrive in the warmth and brightness of sunny days.
- Best part of your job: The best part of my job is seeing the passion everyone has for what they're doing and knowing that our collective efforts make a significant impact on the community.
- Place you spend your time most (outside of the office): I spend most of my time outdoors in the woods with my dog. I also love catching up with friends and enjoying the island life.
- What is your favourite thing about your team?: I love seeing how motivated and committed everyone is to make a difference through the Foundation. The dedication and teamwork are truly inspiring.
- Why is it in your nature to give: Supporting the community I live in is deeply important to me. I believe in the power of giving back and making a positive difference in the lives of others.

Your Donor Dollars at Work



Hospital Lobby Renovation Complete!

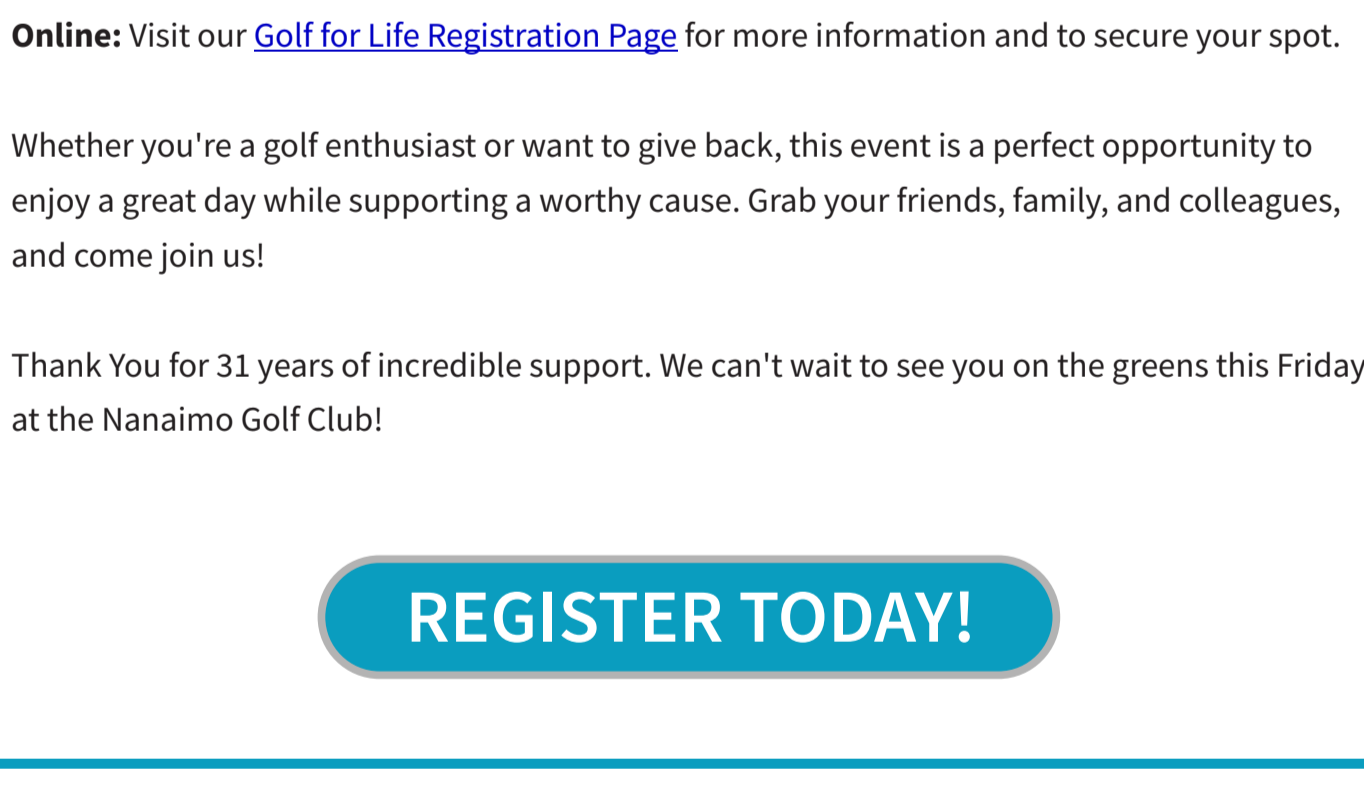
We are thrilled to announce that the renovation of the Nanaimo Regional General Hospital lobby, which began in May, is now complete—and it looks amazing!

Thanks to the incredible support of donors like you, these much-needed upgrades were made possible. This project has significantly enhanced the comfort and efficiency of patients and families arriving and waiting for care.

Back in May, we shared the exciting start of this \$50,000 renovation. Today, we are proud to see that vision become a reality. Thank you once again to everyone who made this possible! We look forward to welcoming you into the new space.

[DONATE](#)

Critical Care Building Update



Exclusive Tour Highlights Progress of Critical Care Expansion at NRGH

Last week, the Nanaimo & District Hospital Foundation team, partners, and select donors had the unique opportunity to tour the construction of the High Acuity Unit on the final floor of the new three-story Critical Care Unit, nearing completion at NRGH.

As the community continues to grow, so does the need for advanced critical care infrastructure. This state-of-the-art expansion ensures that more patients from Central and North Island communities receive the highest level of care.

Stay tuned for more updates as this transformative project reaches closer to the finish line!

[View Progress of Critical Care Expansion](#)

In the Community



Last Call: Join Us for the Nanaimo & District Hospital Foundation's 31st Golf for Life Tournament!

We are just a day away from the Nanaimo & District Hospital Foundation's signature event, the Golf for Life Tournament, happening this Friday, September 20, 2024 at the beautiful Nanaimo Golf Club.

This is your final chance to participate in a day filled with fun, philanthropy, and community spirit. More importantly, your participation will make a profound impact on our local healthcare services.

By joining us, you'll help raise funds for Philips Vital Sign machines, which are essential equipment that benefits Central and North Vancouver Island communities.

Event Details:
Date: September 20, 2024
Location: Nanaimo Golf Club

Register Now—Limited Spaces Left!
Email: Reach out to Tina Moreira at Tina.Moreira@islandhealth.ca for ticket details and registration information.
Online: Visit our [Golf for Life Registration Page](#) for more information and to secure your spot.

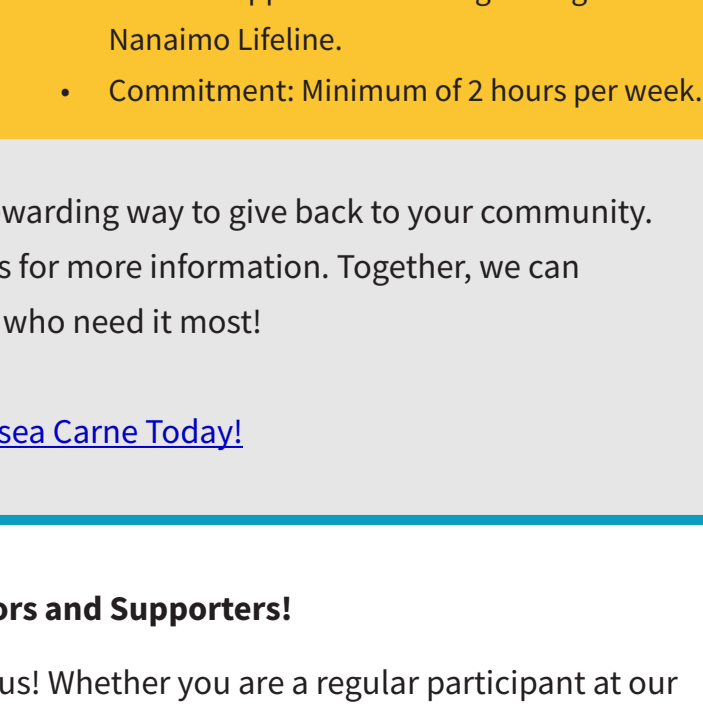
Whether you're a golf enthusiast or want to give back, this event is a perfect opportunity to enjoy a great day while supporting a worthy cause. Grab your friends, family, and colleagues, and come join us!

Thank You for 31 years of incredible support. We can't wait to see you on the greens this Friday at the Nanaimo Golf Club!

[REGISTER TODAY!](#)

Boots and Bling: A Country-Style Girls' Night Out!

The Zonta Club of Nanaimo invites you to an unforgettable evening of fun, music, and community spirit at Boots and Bling, all in support of the future Cardio Cath Lab at Nanaimo Regional General Hospital!



Date: Friday, September 27, 2024
Location: Branch 256 Legion, 1630 East Wellington Rd, Nanaimo, BC
Doors Open: 5:30pm

Enjoy a toe-tapping evening with live music from Cactus Cadillac, and savour a delicious BBQ rib dinner. Get your dancing boots ready for a line dancing lesson, which is included with your ticket!

Each ticket includes a \$50 tax receipt, and you can try your luck with a 50-50 draw and basket raffles valued at over \$400! Plus, don't miss the chance to win a stylish hobo bag.

Tickets are \$125 and can be purchased via E-transfer to zontaclubnanaimo@gmail.com or by calling (250) 714-8213 for more information.

Dress Code: Show off your best country bling and enjoy a fun night while supporting a great cause. We can't wait to see you there!

Thank You for Fueling Good on Fuel Good Day 2024!

A heartfelt thank you to everyone in our community who fueled up and supported the 2024 Fuel Good Day! Thanks to your generosity and participation, we are able to continue enhancing critical care services for Central Vancouver Island.

A special thank you to our incredible partner, Mid Island Co-op, for their ongoing support. With their partnership, this year's Fuel Good Day has made a tremendous impact, directly benefiting projects like the new ICU and the expansion of the High Acuity Unit at Nanaimo Regional General Hospital.

Join the Team: Volunteer to Make a Difference!

Volunteer Opportunity with Lifeline Nanaimo

Are you ready to make a difference in your community? Lifeline Nanaimo is seeking dedicated volunteers for two crucial roles that help people live independently at home. Join us in supporting our healthcare system while making meaningful connections!

- 1. Home Service Representative (Priority 1):**
 - Make a direct impact by helping individuals access critical emergency response services in their homes.
 - Install and test Lifeline equipment, ensuring clients have a reliable emergency response system set up in their homes.
 - Ideal for those who are savvy with equipment hardware, friendly, patient, and ready to pass a criminal record check.
 - Receive comprehensive support and training through Nanaimo Lifeline.
 - Commitment: Minimum of 2 hours per week.
- 2. Check-In Service (Priority 2):**
 - Love talking on the phone? This fun and social role allows you to make new connections from the comfort of your own home.
 - Provide vital support by checking in with clients, ensuring they can live independently for as long as possible.
 - All you need is a computer with internet access and a phone. The system is simple and easy to use.
 - Receive support and training through Nanaimo Lifeline.
 - Commitment: Minimum of 2 hours per week.

Volunteering with Lifeline Nanaimo is a rewarding way to give back to your community. If you're interested, please contact us for more information. Together, we can support those who need it most!

[Contact Chelsea Carne Today!](#)

[Thank You Donors and Supporters!](#)

We are so grateful to you for engaging with us! Whether you are a regular participant at our many events, a donor, a volunteer, or a follower on social media and newsletter reader, you are an important member of our special community of care.

[DONATE TODAY](#)

HELP BRING MORE FAMILY DOCTORS TO OUR REGION

