



Message from Barney Ellis-Perry, CEO



Photo Credits: Tom Harris Golf Classic: Photography by Dirk Heydemann. Soirée by the Sea: Photography by Paige Cordeiro.

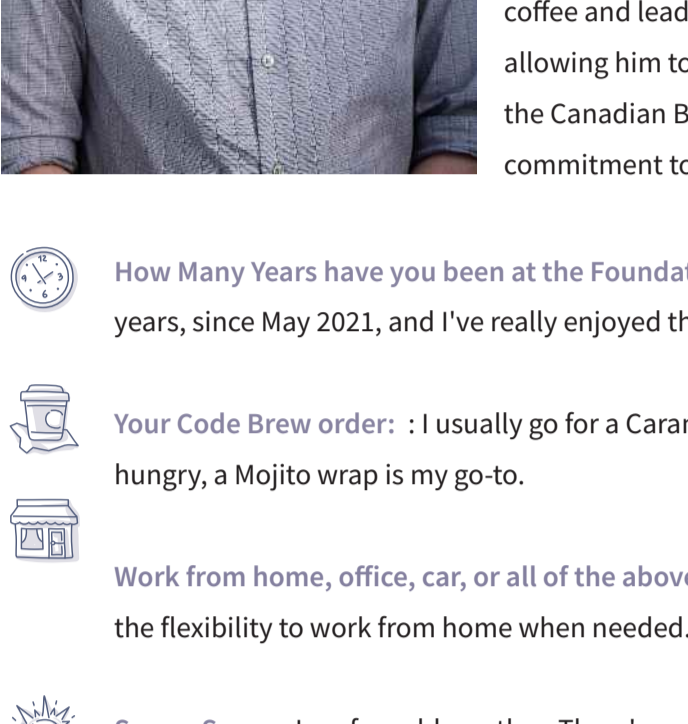
NDHF Summer Events

We live in one of the most beautiful and sought-after regions in Canada, which you can tell just by the ferry sailing waits every summer weekend. Our Foundation team of staff, Board members and volunteers have been busy at a variety of events this summer, and it has been great to see so many of you, our amazing donors and partners, at these events.

The summer started off with our first annual, hugely successful Soirée by the Sea, raising \$203,000 for nine new birthing beds for our perinatal department. We were also one of the charities of choice for the Tom Harris Golf Classic in July, which raised a record \$1 million, with [\\$400,000 going to fund urgently needed cardiac diagnostic equipment for Nanaimo Regional General Hospital \(NRGH\)](#). Lastly, we were proud to, for the first time, be the charity of choice for the famous Nanaimo Bathub Race Weekend, where your participation raised \$8,000 for Emergency Room equipment.

Summer isn't over yet! In fact, and I just might be biased, but the event of the summer is still ahead - our 31st annual Golf for Life tournament on September 20th. There are still a few spaces to register your foursome or chat with [Tina](#) if you'd like to sponsor, volunteer or get involved without swinging a club. I will be playing this year and competing hard for the highest score/worst player award!

Message from Hospital Leadership



Mental Health and Substance Use Services

The inpatient psychiatric unit outside patio has had a fabulous makeover this year due to the generous contribution of the Foundation and Island Savings. The space went from concrete and gray to a vibrant hub of activity where groups can be held, and patients are able to get some much-needed outdoor time. It is now used all the time and has been so appreciated.

The Celebration of our Peer Support Workers on the acute psychiatric unit has been a highlight for us all this year. We are very fortunate to have two very special peer workers who have been awarded with the Celebration of Excellence in the Care and Experience Category. Deneen and Pina both have worked at NRGH as contracted peers for several years and have been great role models and support for individuals living with mental illness. Both are considered very valuable members of the care team and model connecting with people in a non-judgmental and compassionate manner, significantly improving our patients' experience while admitted to acute services.



Meet Your Foundation Team: Christian Aubin, the Manager at Code Brew Cafe

Christian Aubin, the Manager at Code Brew Cafe, brought his extensive experience as a top barista from Montreal to the Nanaimo & District Hospital Foundation. Since joining the team, he's optimized the quality of coffee, revamped the menu, and introduced advanced coffee techniques he learned from the Montreal Coffee Academy and his time as the Head Barista at W Montreal. Passionate about both coffee and leadership, Christian finds his role at the Foundation ideal, allowing him to blend these passions while also serving as a referee in the Canadian Ball Hockey Association, demonstrating his commitment to teamwork both at work and in the community.

How Many Years have you been at the Foundation For? I've been with the Foundation for three years, since May 2021, and I've really enjoyed the company and the environment.

Your Code Brew order: I usually go for a Caramel Vanilla Latte paired with a muffin, and if I'm feeling hungry, a Mojito wrap is my go-to.

Work from home, office, car, or all of the above: I prefer working in the office but appreciate having the flexibility to work from home when needed.

Sun or Snow: I prefer cold weather. There's something about cold weather that I find refreshing.

Best part of your job: The best part of my job is combining my passion for coffee with the opportunity to work in a restaurant setting, all while contributing to something bigger than myself and helping the community.

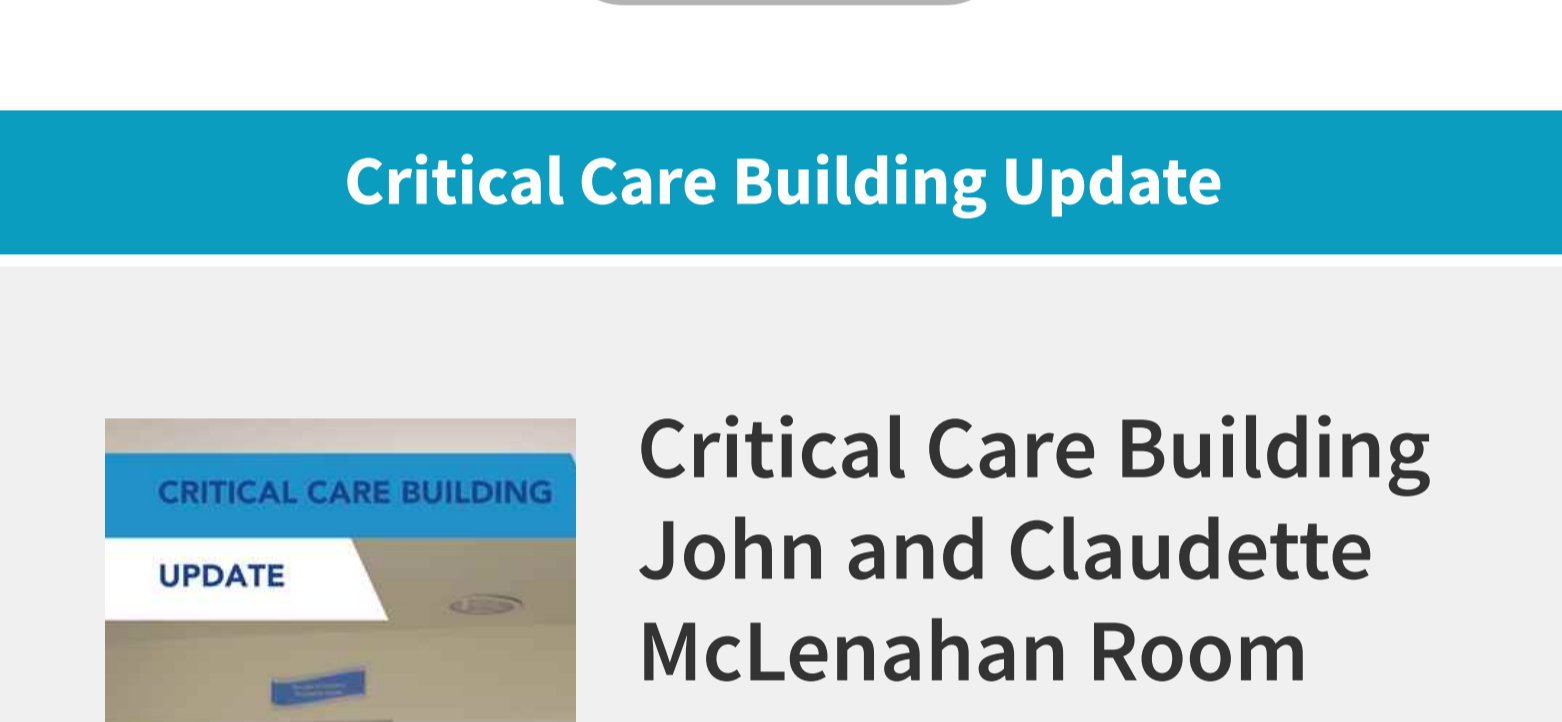
Place you spend your time most (outside of the office): I'm more of a homebody—I love staying at home and having people over. When I'm not at hockey, hanging out with friends or my family, you can usually find me relaxing at home.

What is your favourite thing about your team?: At Code Brew, I work with a young, dynamic team full of great personalities, which makes for a very interesting environment. As their leader, I enjoy guiding them. As for the Foundation team, I appreciate the close-knit atmosphere and the wealth of experience I can learn from, which has been incredibly beneficial for me.

Why is it in YOUR nature to give: Growing up with siblings who were very close in age, we always had to be there for each other. That environment instilled in me the importance of giving and being supportive. My years in customer service and the restaurant industry have further shaped me into a people person who values patience and care, which are essential qualities in giving back to others.

Read more about Christian in her bio on our staff page [here](#).

Your Donor Dollars at Work



Enhancing Healthcare Through Your Donations

By making a gift to the Nanaimo & District Hospital Foundation, you have the ability to direct your support to an area of care, facility, or department that holds special meaning for you. Through your generosity, amazing transformations are happening in the local healthcare community!

In the past month, your donations have made a significant impact:

- Funding was allocated for an Advanced Cardiovascular Life Support (ACLS) course, enabling healthcare professionals to stay at the forefront of life-saving techniques.
- Contributions were directed towards a NuStep T4R Recumbent Cross Trainer for the NRGH Physio Department, which enhances patient rehabilitation and recovery.
- Support was provided to the High Acuity Unit (HAU), helping move closer to completing our Critical Care Building.

It's your continued support that drives real change in the lives of patients and healthcare professionals. You are not just a donor; you are an essential part of the community's healthcare journey. Thank you for your invaluable contribution!

DONATE

Critical Care Building Update



Critical Care Building John and Claudette McLenahan Room

John and Claudette McLenahan were both educators in Alberta before moving to Vancouver Island 30 years ago. They have been married for more than 50 years and have three children and six grandchildren. The McLenahans have been long-time supporters of Nanaimo Regional General Hospital giving for over 20 years. Through their consistent and thoughtful giving, they were able to create a beautiful legacy through the naming of one of the Nursing Observation Alcoves in the Intensive Care Unit.

We are so very grateful for their commitment to the health and well-being of our community!

In the Community

We're Just Over a Month Away from the Iconic Golf for Life Tournament!

With September approaching, we're thrilled to remind you about the Nanaimo & District Hospital Foundation's Golf for Life Tournament! This is your chance to close out the summer with a day of fun and philanthropy while making a significant impact on our community's healthcare.

Event Details:
Date: September 20, 2024
Location: Nanaimo Golf Club



Golf for Life isn't just a tournament—it's a vital opportunity for our community to unite and support essential healthcare services and equipment. The funds raised will directly benefit those in need, ensuring we continue to provide the best care possible.

Register Now—Spaces Are Filling Up Fast:

Email: Reach out to Tina Moreira at Tina.Moreira@islandhealth.ca for ticket details and registration information.

Online: Visit our [Golf for Life Registration Page](#) for more information and to secure your spot.

Just looking for a meaningful way to support the Foundation, this event is not to be missed. Gather your friends, family, and colleagues, and join us on September 20th for a day of golf, camaraderie, and giving back.

Thank you for supporting 31 years of golf, fundraising, and community spirit. We look forward to seeing you at the Nanaimo Golf Club!

REGISTER TODAY!



Bathtub Weekend Was One for the Books!

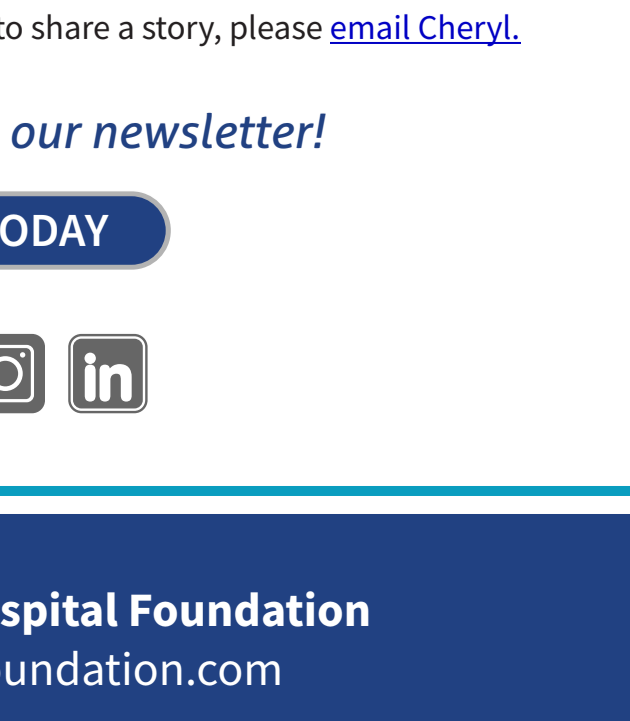
What an incredible time was had at the Nanaimo Marine Festival and Bathtub Races! It was a true family affair, filled with fun and excitement for everyone. We're beyond grateful to have been part of this amazing event for the first time and to see the overwhelming support at the Family Fun Zone!

A heartfelt thank you to our wonderful partners at the Tom Harris Community Foundation for sponsoring the Family Fun Zone, and to the fantastic organizers and volunteers who made this event possible. Your support helps us continue our mission, with all proceeds going towards urgently needed equipment for the Emergency Department at Nanaimo Regional General Hospital.

Thank you for making a difference in the community!

Thank You & Winner Announcement

A huge thank you to everyone who participated in the 2024 Make a Splash for Healthcare 50/50 Raffle! Your support makes a tremendous difference.



We are excited to announce that the raffle raised an impressive \$17,080, with the winner taking home \$8,540. Congratulations to our lucky winner, Ticket #1308591! The raffle ran from July 26, 2024, to August 11, 2024, with the draw on August 12, 2024, at 3:00 PM. The draw was conducted by Donna Hais, a board member of NDHF.

Stay tuned for more updates on how your contributions benefit the Emergency Department at NRGH. Thank you again for your incredible support!

Lifeline Nanaimo Celebrates Another Year!

On July 24th, we celebrated Lifeline Nanaimo's birthday with cake and Lifeline products in the Lobby of NRGH. July marked Lifeline Anniversary Month, and we're proud to highlight this vital part of our Foundation that helps seniors live their most independent lives. As the #1 emergency response system on Vancouver Island, Lifeline offers help at the click of a button through wearable technology and at-home devices, reducing Emergency Department visits and keeping our seniors active and safe.

The best part? [Lifeline Nanaimo](#) is 100% owned and operated by our NDHF team, with profits directly supporting the Foundation's fundraising efforts. To celebrate this milestone, we're offering the first month free or free setup for new subscribers. If you or a loved one could benefit from this service, please contact [Chelsea Carne by email](#) or call 250-739-5770 to learn more.

Join the Team: Volunteer to Make a Difference!

Volunteer Opportunity with Lifeline Nanaimo

Are you ready to make a difference in your community? Lifeline Nanaimo is seeking dedicated volunteers for two crucial roles that help people live independently at home. Join us in supporting our healthcare system while making meaningful connections!

- 1. Home Service Representative (Priority 1):**
 - Make a direct impact by helping individuals access critical emergency response services in their homes.
 - Install and test Lifeline equipment, ensuring clients have a reliable emergency response system set up in their homes.
 - Ideal for those who are savvy with equipment hardware, friendly, patient, and ready to pass a criminal record check.
 - Receive comprehensive support and training through Nanaimo Lifeline.
 - Commitment: Minimum of 2 hours per week.
- 2. Check-In Service (Priority 2):**
 - Love talking on the phone? This fun and social role allows you to make new connections from the comfort of your own home.
 - Provide vital support by checking in with clients, ensuring they can live independently for as long as possible.
 - All you need is a computer with internet access and a phone. The system is simple and easy to use.
 - Receive support and training through Nanaimo Lifeline.
 - Commitment: Minimum of 2 hours per week.

Volunteering with Lifeline Nanaimo is a rewarding way to give back to your community. If you're interested, please contact us for more information. Together, we can support those who need it most!

[Contact Chelsea Carne Today!](#)

Thank you to each and every one of you for being engaged in improving healthcare on central Vancouver Island. Together, we are making a big difference for all who live here. If you have any comments or questions, or would like to share a story, please [email Cheryl](#).

Thanks for reading our newsletter!

DONATE TODAY

