

DECEMBER 2018



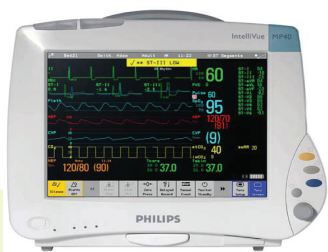
For better healthcare  
it's **our place to give**

# the FOUNDATION

## Your Impact

Over the past year, the Hospital Foundation has invested your donations in much needed medical equipment, patient comforts and staff education.

Our most recent campaign raised \$350,000 for 7 bedside monitors for the ICU! Many vital functions are monitored making this equipment essential for critical care.



The many other departments that received support include:

- Urgent Care
- Cardiac Rehabilitation
- Neonatal Intensive Care
- Operating Rooms
- Ultrasound
- Paediatrics
- Maternity
- Rehabilitation
- Ambulatory Clinic
- Medical Imaging
- Emergency
- Palliative Care
- Neurology

We have also funded education courses for medical staff that will help them provide better healthcare in our community. We couldn't do this without your generosity, thank you!

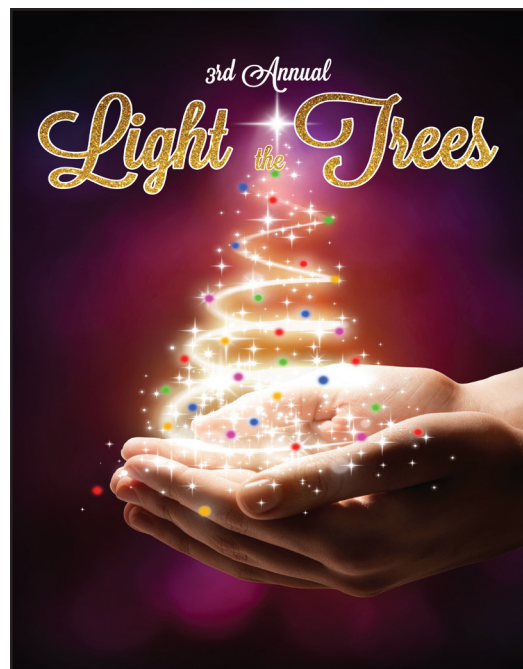
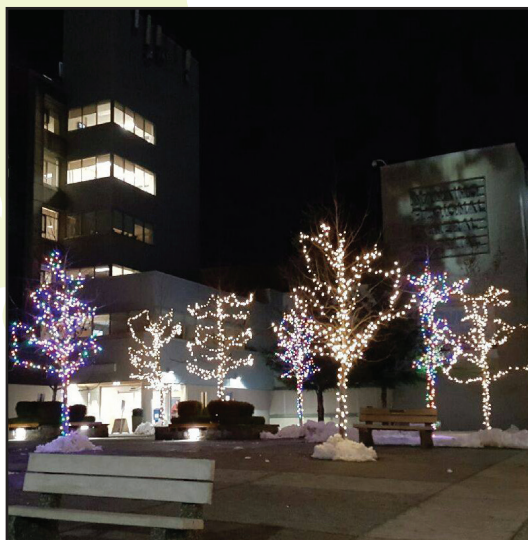
## Light the Trees

Christmas is a time to reflect and be thankful for what is most important in life; family, friends and good health. It's also a time of year when people celebrate the season with many festive traditions including colourful outdoor displays at their homes and businesses.

The elaborate displays and the effort put into them warms one's heart in an instant. You can't help but feel the joy of Christmas when you are surrounded by twinkling lights and ornaments. The Nanaimo & District Hospital Foundation is excited to be part of this tradition once again through our 3rd Annual Light the Trees campaign!

This year we are Lighting the Trees for cardiac care at Nanaimo Regional General Hospital (NRGH) and Oceanside Health Centre (OHC) in Parksville.

Cardiologists Dr. Ayach, Dr. Nataranjan and Dr. Ju lead an exceptional team to ensure hearts in our communities are well looked after. Each year 8,700 patients receive cardiac care at NRGH and OHC and the demand is increasing with our growing and ageing population.



Through the renovation and expansion of dedicated cardiac spaces at NRGH and OHC as well as the purchase of urgently needed equipment, wait times for cardiac services will be greatly reduced and 95% of pre and post-surgical cardiac care will be able to be delivered right here at home. That warms our hearts immensely!

This Christmas, our goal is to raise \$750,000 of the \$1.8 million the Hospital Foundation has committed to the cardiac care and services expansion.

We are proud to partner with our valued donors to fund the improvement of cardiac services in Nanaimo and Oceanside.

***Please consider the Nanaimo & District Hospital Foundation in your Christmas giving plans. Donations can be mailed, done via phone or given securely online at [nanaimohospitalfoundation.com](http://nanaimohospitalfoundation.com).***

***With your support, we can achieve this goal. Thank you and all the best for the holiday season and New Year!***

## Three Generations Tee Up for Charity

When Stephen Watson signed up his son Jon Robbie for our 25th Annual Golf for Life Charity Classic, we were delighted. Not only was he our youngest player ever at 12 years old, he was the third generation of Watsons to play! On September 7th, Jon Robbie, his father Stephen and his grandfather John teed up together.

Both John and Stephen are avid golfers. Stephen got into golf when he was young which he appreciates as it provided him with life skills and the enjoyment of playing the sport. As it can be played for life (John is 79 years young and still playing strong) and enables quality time together as a family, Stephen got Jon Robbie into golf at a young age as well. Based on his play that day, he is a natural like his father and grandfather.

When asked what it meant to play together that day, Stephen noted his pride in his son's playing and having the shared experience with both his son and father. John added that it was a fantastic experience and privilege to play together for this important cause.

The Watsons play in Golf for Life as they all have a connection to Nanaimo Regional General Hospital. Stephen and Jon Robbie were born there, John went there for cardiac care and his mother was cared for there before her passing. Playing in the tournament and through other contributions (John's wife Dorothy volunteered for Lifeline for 13 years!) is their way of giving back and supporting the hospital that has been there for their family for multiple generations.

John and Stephen have played in over 12 Golf for Life tournaments and have both been on multiple winning teams including at the 20th annual event where they were 19 under par! Stephen noted that, "It was one of the most fun and memorable days my dad and I have ever had on a golf course."

It's safe to say we'll be seeing them next year and we hope Jon Robbie will be joining them again.

***With the support of all our players and sponsors, \$88,000 was raised. Thank you!***



Photo, Left to Right: The Watsons - John, Stephen and Jon Robbie

### Contact the Foundation

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### Connect with the Foundation Online

facebook.com/nanaimohospital  
instagram.com/nanaimohospitalfoundation  
twitter.com/nanaimohospital  
youtube.com/nanaimohospital



### Teddy Bear Drive

When a child visits the hospital for medical care, Teddy Bears can provide much comfort. Thanks to donors, over 200 stuffed toys have been donated so far to replenish our on-hand supply of these important patient comfort items!

### Lifeline & Code Brew

Thousands of people are living independently at home due to the support offered by the Lifeline program. Visit [www.nanaimolifeline.ca](http://www.nanaimolifeline.ca).

Enjoy the wide variety of beverages and tasty snacks at Code Brew located at NRGH. Follow on-line at [www.facebook.com/codebrew.nrg](http://www.facebook.com/codebrew.nrg)

### Equipment Purchased

The Foundation purchased medical equipment and patient comfort items over the past year including:

- Echocardiograph Machine
- Portable Ultrasound
- Post Stroke Assessment Machine
- Glidescope Video Laryngoscopes
- Patient Recovery Stretchers
- Bedside Patient Monitors
- Bariatric Stretchers
- Sleeper Chairs
- Patient Mattresses
- Special Infant Car Seats and more!