

Improving the Lives of Patients, One Gift at a Time



The Foundation's Commitment this Pain Awareness Month

Did you know that one in five Canadians lives with chronic pain? November 5th – 11th is National Pain Awareness Week in Canada.

We had the opportunity to chat with Dustin Lahaise, Clinical Nurse Lead and Neuromodulation Coordinator at Island Health to learn more about the critical work his team takes on. Recently the Foundation was able to make a donation of art and furniture towards the Pain Clinic at NRGH.

In our interview with Dustin, he shares how the newly fundraised items from your donations have greatly aided his team's ability to provide holistic support to improve the lives of those suffering with chronic pain. [Read our full conversation here.](#)

Image: Dustin Lahaise from NRGH's Pain Clinic says that the donated art acts as a distraction and promotes a healing atmosphere where patients with chronic pain can feel at ease.



Image: NRGH staff at the mini "Show and Shine".







Highlights from the Hospital

Recreation Therapist Jon Vanzella and Geriatric Medicine Nurse Kelly Anne Fontaine invited local car enthusiasts and collectors to hold a mini "Show and Shine" at NRGH. This event provided patients in our long-stay units a delightful social opportunity. Julie Speers, Manager of Rehab Services and ALC Courtyard, shared that her teams work hard to enrich the environment and improve the experience of our patients awaiting long term care. We are so thankful for the outpouring of support that our community provides to all of our patients and are very much looking forward to this event again next year!



Meet Your Foundation Team: Barney Ellis-Perry, CEO

Hot off celebrating Barney's first year with the Foundation we wanted you to get to know our fearless Foundation leader! You can read about his impressive career and bio on our website but today we are sharing some quick facts as you get to know the faces of your Foundation.

-  Your Code Brew order: Jasmine Green tea and a cranberry bran muffin.
-  Why is it in YOUR nature to give: I am programmed to want to make a difference in the world. I am passionate about helping organizations that do good work, thrive through embracing big ideas realized via strong strategic plans which are executed by teams of passionate staff and volunteers.
-  Favourite Nanaimo beach or park: The rocks in front of our house near Sebastian Beach.
-  Bring your lunch or go out (and if so where): I generally eat lunch at Code Brew but love getting down to Sealand Pho for good views and great Pho.
-  Best part of your job: Helping really interesting people act on their values and realize their dream of making a positive impact in their community.
-  Place you spend your time most (outside of the office): The chairs in front of our house over looking the ocean with my hubby and good friends or family. Check out Barney's full bio on our website.



Foundations and Donor Advised Funds Help Fund Critical Equipment for HAU

It takes the whole community to build a better healthcare system, and today we want to celebrate the contributions of foundations, donor advised funds (DAFs) and community service organizations to our High Acuity Unit campaign. In the past quarter we received a total of over \$32,000 toward equipment needs for the HAU from eight family foundations and endowments. In addition, the TB Vets Foundation approved a grant of \$35,000 towards a transport ventilator for the HAU and the Ladysmith Health Care Auxiliary donated \$25,000 towards critical care.

Do you have a DAF, endowment or community organization you'd like to direct funds from toward our community's most urgent healthcare needs? Please contact Karen McCarthy, Manager of Strategic Initiatives & Grants by email or phone at 250-268-4170 to learn more about the specific needs of our HAU and how you can direct your support to the areas of care you feel passionately about.

Image: Ladysmith Healthcare Auxiliary's Sara Stayte and Paula Scott presented a cheque for \$25,000 to the Hospital Foundation's Cheryl Onciul and Karen McCarthy in September in front of the group's thriving Thrift Shop.



Your Donations at Work Across All Areas of Care

In addition to funding art and furniture for NRGH's Pain Clinic, donations from our community of supporters also provided upgrades to the Endoscopy Suite, milk for infants in our Neonatal Intensive Care Unit, and patient care items including toys for our Paediatrics department this month. Your dollars are having an impact across all areas of care and for people at all stages of life. Thank you!

Image: Endoscopy Suite



2023 Golf for Life Raises Over \$100,000 for New HAU



Congratulations on the 30th year of Golf for Life fundraiser! It is truly impressive to see the generosity of 132 golfers, along with over 30 sponsors and supporters who helped raise over \$104,000 towards the future HAU. This is an amazing achievement, and your efforts will go a long way towards supporting those in need.

Golfers enjoyed a fun-filled day on the greens, with mulligans, birdie juice, hockey stick drives, and plenty of laughter. The sunny skies must have added to the enjoyment, as golfers made their way through all 18 holes at the beautiful Nanaimo Golf Club. It's heartening to see people come together for a great cause, while also having a great time.

Thank you to all the golfers, sponsors, and supporters who made it possible. We look forward to seeing you all again next year and continuing to make a positive impact in the community.

Community Events



Fuel Good Day

It is always heartwarming to see our community come together, and the recent Fuel Good Days event organized by Mid-Island Co-op was no exception. Thanks to the incredible support from partners like them and the community, we were able to raise an impressive \$39,109.41 that will go a long way in supporting our critical care center for the Central Island community.

We are extremely grateful for the generosity and kindness shown by everyone who participated in the event. Your contributions will make a meaningful difference in our efforts to provide critical care to those who need it most.

Thank you to Mid-Island Co-op and everyone who participated in the Fuel Good Day event.

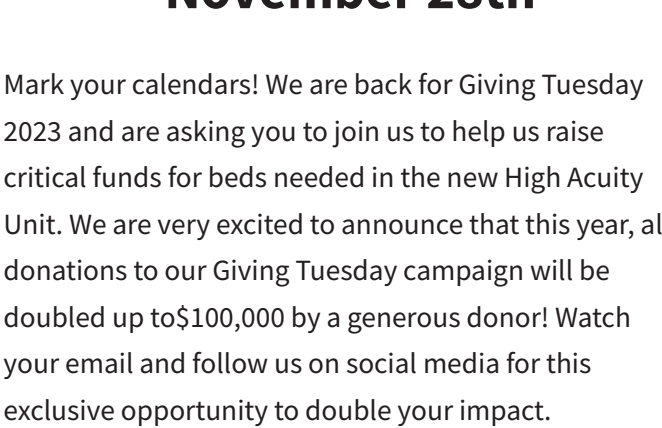
Image: NDHF CEO Barney Ellis-Perry and Mid Island Co-op CEO Ian Anderson helped out at the pumps on Fuel Good Day 2023



Nanoose Bay Café Social

On September 25th three leading Oceanside realtors came together to rally the Nanoose Bay community in support of the Foundation and the healthcare facilities we serve. Karen Kenyon led the charge with Aaron Nicklen and Susan Forest, and between them they sold out the event with 150 attendees who enjoyed tremendous food and wine courtesy of the beautiful Nanoose Bay Café. Dr. Michael Kenyon gave a rousing talk about the new ICU and the need for the phase two high acuity unit (HAU), he was followed by live auction and in the end \$25,000 was raised for the HAU. Plans are underway for a repeat performance at the Qualicum Beach Café next spring.

Image: Dr. Kenyon spoke about how important community support is to ensuring NRGH's critical care spaces have the cutting edge equipment they need to deliver the best patient care possible.



Giving Tuesday Online November 28th

Mark your calendars! We are back for Giving Tuesday 2023 and are asking you to join us to help us raise critical funds for beds needed in the new High Acuity Unit. We are very excited to announce that this year, all donations to our Giving Tuesday campaign will be doubled up to \$100,000 by a generous donor! Watch your email and follow us on social media for this exclusive opportunity to double your impact.

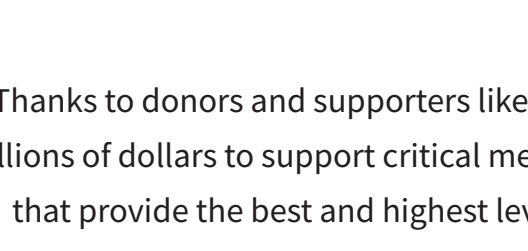
We couldn't do it without you!

Thanks to donors and supporters like you, Nanaimo & District Hospital Foundation raises millions of dollars to support critical medical equipment, construction projects and programs that provide the best and highest level of healthcare to residents north of the Malahat.

We want to hear from you! If you have a story or comment you'd like to share, please email Cheryl Onciul, Manager of Annual & Planned Giving. Thanks for reading our newsletter!

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[DONATE TODAY](#)



Save the date! The Nanaimo Hospital Auxiliary is holding its seasonal Craft Fair on November 23rd at their Gift Shop in the main lobby of Nanaimo Regional General Hospital. Don't miss out on a great selection of hand crafted gift made by this creative group of volunteers!